SYLLABUS

DATE OF LAST REVIEW: 02/2014
CIP CODE: 51.1501
SEMESTER: DEPARTMENTAL SYLLABUS
COURSE TITLE: Introduction to Addictions
COURSE NUMBER: ADCN0101
CREDIT HOURS: 3
INSTRUCTOR: DEPARTMENTAL SYLLABUS
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PREREQUISITE (S):

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:
This course presents coverage of the nature of addiction and other substance use-related problems; models, theories, philosophies, principles, implications for medical and mental health conditions that co-exist with addiction, and evidence-based strategies of addiction prevention, treatment, relapse prevention, continuing care, and recovery; and the impact of addiction on the individual, family and society. Effects of chemical dependency on health, and communities based on a holistic, bio-psycho-social perspective.

METHOD OF INSTRUCTION: (Please silence your cell phones, pagers and laptops)
A variety of methods are used in this course, including lectures, large and small group discussions, Community Service, hand-to-hand combat, Presentations, demonstrations, and collaborative learning exercises, and full contact thinking.
COURSE OUTLINE:

I. Alcohol and Alcohol Problems.
   1. Drinking, Drunkenness and Alcoholism.
      a. Definition of Alcoholism
      b. Alcohol as Drug
      c. Primary Versus Secondary Alcoholism
      d. The extent of Alcohol Problems
   2. Drugs Other Than Alcohol
      a. Opiates
      b. Stimulants
      c. Sedatives and Hypnotics
      d. Marijuana
      e. Hallucinogenic Drugs

II. Sociocultural Aspects
   1. Alcohol in Various Cultures
   2. Alcohol in America
   3. Prohibition

III. Physiology and Pharmacology
   1. What the body does with Alcohol.
      a. Ingestion
      b. Absorption
      c. Excretion
      d. Metabolism
   2. What Alcohol does to Behavior
      a. Tolerance
      b. Polydrug use
      c. Synergism
      d. Effects of Blood Levels
   3. What Alcohol does to the Body.
      a. Short and Long Term Effects on Health
      b. Action of Alcohol on Each Major Organ and System
      c. Fetal Alcohol Effects

IV. Patterns and Symptoms of Alcoholism
   1. Types of Alcoholics
      a. Alpha
      b. Beta
      c. Gamma
      d. Delta
      e. Episolon
      f. Zeta
   2. Common Characteristics
      a. Confusion
      b. Feelings
      c. Coping Devices
      d. Rationalization
      e. Denial
      f. Blame
3. Symptoms
   a. Tests
   b. Signs of High Risk
   c. Problem Drinking
   d. Moderate Alcoholism
   e. Severe Alcoholism
4. Progression
V. Causality of Addiction
   1. Sociocultural Factors
   2. Psychological Factors
   3. Physiological Factors
   4. Moral and Spiritual Factors
   5. Role of heredity as part-cause
   6. Habit
VI. Addiction as a Disease
   1. Pros and Cons of calling Addiction a disease
      a. History
      b. Invalid Arguments
      c. Reasons Contra
      d. Addiction as a Disease
   2. Implications for Prevention
   3. Treatment
      a. Detox
      b. Intermediate
      c. Aftercare
      d. Outpatient
4. Counseling
   a. Individual
   b. Group
   c. Interventions
   d. Referrals
5. Rehabilitation
   a. The Developmental Model of Recovery
   b. Relapse Prevention Counseling
   c. Building a Support System in the Community

VII. The Spouse and Family of the Alcoholic
   1. Children of Dysfunctional Families
      a. Hero
      b. Lost Child
      c. Responsible
      d. Mascot
      e. Scapegoat
   2. Adjustment of the Family to the Crisis of Alcoholism
      a. Denial and Minimizing
      b. Tension and Isolation
      c. Frustration and Disorganization
      d. Attempts to Reorganize; Shifts in Roles
      e. Separation and Escape
   3. Reversal Roles
4. Effects of other Drugs on Family Members

VIII. Prevention, Referral and Intervention
1. Primary Prevention
2. Secondary Prevention
3. Tertiary Prevention

IX. Alcoholics Anonymous and Other Twelve-Step Programs
1. Development of AA Philosophy
   a. The Twelve Steps
   b. The Twelve Traditions
   c. The Three Legacies
2. Twelve Step Group For Other Addicts
   a. Cocaine Anonymous
   b. Alanon
   c. Alateen
   d. Narcotics Anonymous

X. Spiritual and Moral Aspects
1. Progression of Addiction as a Spiritual Disease
2. Spiritual Recovery
3. Moralistic Attitudes
4. Responsibility for Drug-Related Behavior

XI. Drugs and the Law
1. Liability
   a. Alcohol and Traffic Laws
   b. The Uniform Act
2. Discrimination
3. Legal Responsibility

XII. The New Profession
1. Ethics
   a. Confidentiality
   b. Education
   c. Certification
2. The Addiction Professional
3. Dual Role of AA Member
4. Staff Burnout

ASSESSMENT OF LEARNER OUTCOMES:

Project (Assigned Presentation)
Community Service
Weekly assignments
Weekly Quizzes
Final Exam
Participation
EXPECTED LEARNER OUTCOMES:

1. The student will be able to compare various theories on addiction from a physiological, social and spiritual perspective.
2. The student will be able to identify and describe the public health model.
3. The student will be able to identify and describe the impact of drug abuse on the family (family of origin, ACOA issues, and codependency.)
4. The student will be able to discuss the dynamics of addiction.
5. The student will examine the nature of addiction and other substance–use related problems

COURSE COMPETENCIES:

The student will be able to compare various theories on addiction from a physiological, social and spiritual perspective.

1. The student will be able to define the biochemical effects of alcohol and other drugs.
2. The student will be able to describe the physiological effects of chemicals on the psychological processes.
3. The student will be able to examine the legal aspects of chemical use, misuse and abuse.
4. The student will be able to generalize the etiological (causative) factors of chemical dependency.
5. The student will examine the nature of addiction and other substance-use related problems
6. The student will be able to describe the psychological implications of chemical dependency.
7. The student will be able to trace the physiological, psychological and social progression of addition.
8. The student will be able to label phases of recovery from chemical addiction.

The student will be able to identify and describe the public health model.

9. The student will be able to describe the physiological effects of chemicals on the body.
10. The student will be able to compare the evidence-based strategies of addiction prevention, treatment, relapse prevention; continuity of care, and recovery models.
11. The student will be able to interpret the 12 steps of Alcoholics Anonymous and related groups.
12. The student will be able to design a relapse prevention plan for chemically addicted individuals who are in the recovery process.
13. The student will be able to illustrate the extent of alcoholism in America.
14. The student will be able to create a drug and alcohol prevention plan for members in the community.
15. The student will be able to outline various tasks for specific phases of recovery.
The student will be able to identify and describe the impact of drug abuse on the family (family of origin, ACOA issues, and codependency).

16. The student will be able to evaluate the effects of societal contributions to chemical dependency.
17. The student will be able to compare various cultural contributions of chemical dependency.
18. The student will be able to give examples of complications and indications associated with poly-drug use.
19. The student will be able to identify the impact of addiction on the individual, the spouse and the family members.
20. The student will be able to differentiate between the various roles family members take on to off-set the crisis of addiction.

The student will be able to discuss the dynamics of addiction.

21. The student will be able to analyze the diagnostic criteria for alcoholism and drug addiction.
22. The student will be able to identify the models, theories, philosophies, principles and implications for medical and mental health conditions that coexist with addiction.
23. The student will be able to differentiate between various treatment modalities.
24. The student will be able to compare primary, secondary and tertiary prevention of chemical dependency.
25. The student will be able to outline the rules governing alcohol and other drugs in business and industry.
26. The student will be able to define “tolerance” associated with drug and alcohol use.
27. The student will be able to classify the progression of addiction as a spiritual disease.

The student will be able to identify and utilize research, literature and other sources to secure appropriate information on current trends in alcoholism, drug abuse and other related fields.

28. The student will be able to summarize the uses and/or misuses of Opiates, Stimulants, Marijuana, Hallucinogenic drugs, sedatives, and hypnotics.
29. The student will be able to examine the spiritual aspects of recovery.
30. The student will be able to analyze a Code of Ethics for the counseling profession.
31. The student will be able to summarize the causes of burnout in the counseling profession.
32. The student will be able to categorize the effects of chemical dependency on special groups.
33. The student will be able to calculate the economic impact chemical dependency has on society.
34. The student will be able to ask questions to clarify oral instructions.
35. The student will be able to handle criticism, disagreement, or disappointment during a conversation.
36. The student will be able to join in task-focused group conversations.
37. The student will be able to seek feedback non-defensively.
38. The student will be able to analyze feedback
39. The student will be able to exhibit punctuality and dependability

SPECIAL NOTE:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Academic Resource Center, in Rm. 3354 or call at 288-7670 V/TDD.