SYLLABUS

DATE OF LAST REVIEW: 1-3-14

CIP CODE: 51.1501

SEMESTER: DEPARTMENTAL SYLLABUS

COURSE TITLE: Counseling the Problem and Compulsive Gambling

COURSE NUMBER: ADCN0206

CREDIT HOURS: 4

INSTRUCTOR: DEPARTMENTAL SYLLABUS

OFFICE LOCATION: DEPARTMENTAL SYLLABUS

OFFICE HOURS: DEPARTMENTAL SYLLABUS

TELEPHONE: DEPARTMENTAL SYLLABUS

E-MAIL: DEPARTMENTAL SYLLABUS

KCKCC – “issued E-mail account are the official means of electronically communicating with students.”

PREREQUISITE(S): Completed admission process to KCKCC as a student

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for this course.

COURSE DESCRIPTION: The course focus is on historical and cultural patterns of problem and compulsive gambling as an addictive process similar to yet uniquely different than use and abuse of alcohol and drugs. Current knowledge and attitudes toward compulsive gambling treatment and interventions and recognition and identification of the phases of gambling addiction will be covered. The content areas will prepare the counselors to screen, assess, diagnose and effectively treat problem and pathological gambling.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, field assignments, labs and demonstrations, Team and individual projects and presentations, speeches, debates, panels, conferencing, performances, hand to hand combat and learning experiences outside the classroom. Methodology will be selected to best meet student needs.
COURSE OUTLINE:

I. History of Gambling from cave men to present.
   A. Gambling Continuum from No Gambling to Addiction
      1. Definition of Problem and Compulsive Gambling
      2. Definition of Gamblers and Types of Gamblers
      3. Diagnostic Criteria
         a. GA 20 Questions
         b. South Oaks Gambling Screen
         c. Lie/Bet
         d. NODS
   B. Assessing the Impact
      1. Types of Gambling Venues
      2. Action Gambling
      3. Escape Gambling

II. Prevalence of Gambling
   A. General Population
   B. Youth Gambling
   C. Senior Gambling

III. Gamblers Anonymous and It’s Role in Recovery
   A. GA Meetings
   B. GA Materials
   C. GA Events

IV. Treatment Options
   A. State funded programs in Missouri and Kansas
   B. Private Treatment options
   C. Residential Treatment
   D. Family Interventions--with and without the Gambler
   E. Spontaneous Recovery

V. Financial Aspects of Early Intervention
   A. Asset Protection
   B. Restitution
   C. Financial Management Issues

VI. Patterns and Symptoms of Compulsive Gambling
   A. Co-Occurring Disorders
   B. Spirituality, Recovery and Treatment Planning
   C. Common Characteristics

VII. Special Populations
   A. Women
   B. Older Adults
   C. When Not To Gamble
   D. Moral and Spiritual Factors
   E. Knowing the Odds

VIII. Gambling Addiction as a Disease
   A. Deception and Self Deception
   B. Obstacles Implications for Prevention
   C. Relapse Prevention and Gambling Treatment
   D. Withdrawal Symptoms of Compulsive Gambling
   E. Biogenetics and Pharmacology
   F. Treatment No Brainers
1. Family Involvement
2. How to Sabotage Treatment
3. Steps to a Slip
4. Counseling
   a. Individual
   b. Group
   c. Interventions
   d. Referrals
G. Harm Reduction Model of Recovery
   1. Relapse Prevention Counseling
   2. Community Awareness Support
IX. The Spouse and Family of the Compulsive Gambler
   A. Identifying Problem Gamblers through their Spouse
   B. Identifying Problem Gamblers through their Children
   C. Adjustment of the Family to the Crisis of the Compulsive Gambler
      1. Denial and Minimizing
      2. Tension and Isolation
      3. Frustration and Disorganization
      4. Attempts to Reorganize; Shifts in Roles
      5. Divorce, Separation and Escape
      6. Roles Changes
VIII. Public Health Model for Problem Gamblers
   A. Responsible Gambling Programs
   B. Public Awareness
   C. Self Exclusion and Disassociated Persons Lists
X. Treatment Issues
   A. ASAM and Levels of Care for Problem Gamblers
   B. Couples Counseling
   C. Motivational Enhancement and Gambling Treatment
   D. Stages of Change
   E. Financial Recover
      1. Four R’s
      2. Pressure Relief
   F. Missouri and Kansas Treatment Requirements
XI. Cultural Aspects of Compulsive Gambling
   A. Multi-Cultural Practice
   B. Spiritual Recovery
   C. Moralistic Attitudes
   D. Shared Responsibility Recovery Environment—When to play and when not to play…with others.
XII. Profession Issues
   A. Ethics and Gambling Treatment
   B. The Counselor Certification and the Professional
   C. Multiple Personalities--Role of AA, GA and the Meetings Anonymous Member
   D. Staff Development
      1. Midwest Conference on Problem Gambling and Substance Abuse
      2. National Conference on Problem Gambling
      3. Kansas City GA and Gam-Anon Mini Conference
   E. Industry Perspective on problem gambling
EXPECTED LEARNER OUTCOMES:
A. The student will be able to compare various theories on addiction from a physiological, social and spiritual perspective.
B. The student will be able to identify and describe the public health model.
C. The student will be able to identify and describe the impact of compulsive gambling on the family (family of origin, ACOA issues, and codependency).
D. The student will be able to discuss the dynamics of compulsive Gambling.
E. The student will be able to identify and describe the public health model.

COURSE COMPETENCIES:

EXPECTED LEARNER OUTCOME: The student will be able to compare various theories on addiction from a physiological, social and spiritual perspective

COURSE COMPETENCIES:

1. The student will demonstrate an understanding of the DSM 5.0 criteria for Pathological Gambling.
2. The student will be able to identify and list three tools for screening and assessment.
3. The student will be able to define the two main sub-types of pathological/problem gamblers and how to construct treatment plans for each effectively
4. The student will learn the effectiveness of the Gamblers Anonymous 12-step program
5. The student will be able to examine various theories used to treat gambling disorders.

EXPECTED LEARNER OUTCOME: The student will be able to identify and describe the public health model

COURSE COMPETENCIES:

6. The student will be able to use and demonstrate an understanding of the public health model in treating gambling clients and families.
7. The student will be able to discuss prevalence rates for adults and teens for problem and Pathological Gambling
8. The student will be able to define financial management plans, asset protection plans, and restitution with Pressure Relief Group interventions.
9. The student demonstrates an understanding of the critical elements of restitution planning with gambling clients.
10. The student will be able discuss definitions of spirituality, assessment and treatment planning around issues of forgiveness.

EXPECTED LEARNER OUTCOME: The student will be able to identify and describe the impact of compulsive gambling on the family (family of origin, ACOA issues, and codependency)

COURSE COMPETENCIES:
11. The student be able to list the three of the most common co-occurring disorder among pathological gamblers
12. The student will be able to list the three most common deceptions used by problem gamblers and be able to define two self-deceptions used by the problem gamblers.
13. The student will be able to discuss the importance of emphasis on coping skills when preparing relapse prevention plans for gamblers and their families.
14. The student will be able to discuss the importance of coping skills when preparing relapse prevention plans for gamblers and their families.
15. The student will be able to list important research findings on adolescent gambling disorders.

**EXPECTED LEARNER OUTCOME:** *The student will be able to discuss the dynamics of compulsive Gambling*

**COURSE COMPETENCIES:**

16. The student will be able to use reduction, containment and limit setting strategies in the creation of a harm reduction plan.
17. The student be able to discuss five obstacles to treatment of problem gamblers and how to effectively address the obstacles.
18. The student will demonstrate an understanding of the partnership process with the gaming industry and be able to explain their role in responsible gaming programs.
19. The student will be able to discuss and design a public awareness program for use in their own communities using limited resources.
20. The student will be able to verbally review two approaches to family therapy among gambling clients.

**EXPECTED LEARNER OUTCOME:** *The student will how the various counseling theories interact with the treatment of problem/compulsive gambling disorders*

**COURSE COMPETENCIES:**

21. The student will be able to list the three priorities in Integrated Behavioral Couples Therapy and in Systems Approaches to family work.
22. The student will demonstrate an understanding of the elements of alternative sentencing plans for gamblers and the basic “R”s for court reports.
23. The student will be able to discuss relevant treatment issues across cultures with diversity as part of treatment plans.
24. The student will demonstrate an understanding of and familiarity with the resources listed and their use for research, treatment, referral, advocacy and education on problem gambling.
25. The student will be able to list important research findings on women and gambling, adolescent gamblers and older adult gamblers.

**EXPECTED LEARNER OUTCOME:** *The student will be able to identify and utilize research, literature and other sources to secure appropriate information on current trends in compulsive Gambling and other related field.*
COURSE COMPETENCIES:

26. The student review the key elements from the biogenetic research on pathological gamblers
27. The student demonstrate an understanding of the recent research on pharmacological interventions with pathological gamblers
28. The student will design a gambling treatment program using the outline provided for their treatment community
29. The student will be able to discuss the core elements of ethical practice in gambling treatment
30. The student demonstrate an understanding of requirements for certification by the International Gambling Counselor Certification Board

ASSESSMENT OF LEARNER OUTCOMES:
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

SPECIAL NOTES:

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact 913-596-9670 V/TDD.