DATE OF LAST REVIEW: 02/11/2013

CIP CODE: 51.1501

SEMESTER: DEPARTMENTAL SYLLABUS

COURSE TITLE: Group Dynamics and Addictions I

COURSE NUMBER: ADCN0210

CREDIT HOURS: 3

INSTRUCTOR: DEPARTMENTAL SYLLABUS

OFFICE LOCATION: DEPARTMENTAL SYLLABUS

OFFICE HOURS: DEPARTMENTAL SYLLABUS

TELEPHONE: DEPARTMENTAL SYLLABUS

Email: DEPARTMENTAL SYLLABUS

KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITE (S): None

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:
This course is designed to introduce the student to theories and concepts of group dynamics by providing an exploration of the patterns and dynamics of group interactions. Various methods of group counseling, which shall include the study of culturally informed, ethical, evidence-based models and approaches to group counseling; group facilitation and counseling skills; and methods for establishing group goals and treatment outcomes, is emphasize during this course. An importance placed on the groups and exercises most often utilized in the treatment of addictions. The student will be able to have the opportunity to participate in a group as a group member and to act as group leader in order to practice leadership styles.

METHOD OF INSTRUCTION:
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside of the classroom. Methodology will be selected to best meet student needs.
COURSE OUTLINE:

I. Introduction to Group Work
   A. The Theory and Theoretical Orientations
   B. Group Process and Techniques
   C. Overview of Various Types of Groups

II. Perspective and Practice of Multicultural Group Work
   A. Cultural Values and Group Work
   B. Best Practices in Multicultural Group Work

III. The Group Counselor
   A. As a Person
   B. As a Professional

IV. Ethical and Legal Issues in Group Counseling
   A. Group Membership, Confidentiality, and Informed Consent
   B. Diverse Populations
   C. Guidelines for Ethical and Legal Practice

V. Group Process: Stages of Development
   A. Pre-group Stage
   B. Initial Stage
   C. Transition Stage
   D. Working Stage
   E. Final Stage

VI. Specific Groups
   A. Children
   B. Adolescents
   C. Adults
   D. Elderly

CORE OUTCOMES SYLLABI: The learning outcomes and competencies detailed in this syllabus meet or exceed the learning outcomes and competencies specified by the Kansas Core Outcomes Project for this course, as sanctioned by the Kansas Board of Regents.

EXPECTED LEARNER OUTCOMES:
A. The student will be able to define various group leader roles and styles.
B. The student will be able to interpret different types of groups, their purposes, functions, and parameters.
C. The student will be able to evaluate individual behavior as it impacts on group processes.
D. The student will be able to differentiate developmental stages of group.
E. The student will be able to describe a variety of group techniques, their purposes and consequences.
**COURSE COMPETENCIES:** Upon successful completion of this course:

**The student will be able to define various group leader roles and styles.**
1. The student will be able to define group leadership roles.
2. The student will be able to outline group leadership styles.
3. The student will be able to examine group leadership qualities.

**The student will be able to interpret different types of groups, their purpose, functions, and parameters.**
4. The student will be able to describe various types of groups and their purpose.
5. The student will be able to discover basic tasks in the creation and maintenance of group.
6. The student will be able to analyze the impact on group factors such as size, frequency, duration, and admission of new members.

**The student will be able to evaluate individual behavior as it impacts on group processes.**
7. The student will be able to evaluate individual behavior as it impacts on the group process.
8. The student will be able to analyze theories related to group membership and rules as they pertain to the group purpose.
9. The student will be able to compare counseling theories as they relate to the group process.
10. The student will be able to define therapeutic factors in group therapy.

**The student will be able to differentiate developmental stages of group.**
11. The student will be able to interpret the developmental stages of groups.
12. The student will be able to identify the developmental stages of group.
13. The student will be able to demonstrate effective strategies in planning groups.
14. The student will be able to illustrate the process of maintaining, shifting, and deepening the focus of the group.

**The student will be able to describe a variety of group techniques, their purposes and consequences.**
15. The student will be able to practice drawing out and cutting off skills as they pertain to the group process.
16. The student will be able to utilize exercises, dyads, and rounds in the group process.
17. The student will be able to design groups pertaining to addiction counseling.
18. The student will be able to explain techniques for developing the initial, transition, working, and final stages of groups.
19. The student will be able to summarize leadership skills and techniques for facilitating the transition and working stages of groups.
20. The student will be able to outline common mistakes made in the transition and working stages of groups.
21. The student will be able to describe the purpose and goals in the final stage of groups.
22. The student will be able to examine various formats for the final phase of group.
23. The student will be able to discover helpful skills & techniques for the final phase of group.
24. The student will be able to give examples on how to deal with problem situations in group.
25. The student will be able to summarize techniques for developing trust within the group process.
26. The student will be able to give examples on how to deal with breach of confidentiality by a group member.
ASSESSMENT OF LEARNER OUTCOMES:
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, attendance, and class participation.

SPECIAL NOTES:
Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Academic Resource Center at (913) 288-7664.