SYLLABUS

DATE OF LAST REVIEW: 02/11/2013
CIP CODE: 51.3902
SEMESTER: Departmental Syllabus
COURSE TITLE: Nursing Assistant
COURSE NUMBER: ALHT0104
CREDIT HOURS: 5
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
TELEPHONE: Departmental Syllabus
EMAIL: Departmental Syllabus

KCKCC-issued email accounts are the official means for electronically communicating with our students.

PREREQUISITE(S): Must pass the Compass reading test with a score of 65 or above or show completion of READ0091 or READ0092. High school diploma or GED required.

REQUIRED TEXT AND MATERIALS:
Please check with the KCKCC bookstore, http://www.kckccbookstore.com, for the required test for your particular class.

COURSE DESCRIPTION:
This course is an introduction to basic nursing care skills and concepts necessary to prepare the student to function as a nurse aide in a long term care facility. This course will also prepare the student to take the state nurse aide certification examination.

METHOD OF INSTRUCTION:
A variety of instruction methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects presentations, debates, and panels, conferencing learning experiences, and performances outside the classroom, and performance. Methodology will be selected to best meet student needs.

COURSE OUTLINE:

I. Working in an Adult Care Home
   A. Goals of a long term care facility
   B. Members of the healthcare team
   C. Roles and responsibilities of CNA
   D. Resident’s rights

II. Physical Changes of Aging
   A. Diseases causing visual impairment
   B. Basic structure function of the ear
   C. Loss of taste smell
   D. Basic structure function of cardiovascular system
III. Psychosocial Changes with Aging
   A. Social relationships
   B. Physical losses
   C. Losses when entering a long term facility
   D. Health emotional responses to aging

IV. Endocrine Reproductive System, First Aide, Sexuality, Special Procedures
    and Observing and Recording
   A. Most common endocrine disease
   B. Basic function of the reproductive system
   C. General guidelines for first aide
   D. Identify observations during resident care

EXPECTED LEARNER OUTCOMES:

A. The student will be able to identify the role of the nurse in a long term care facility.
B. The student will be able to discuss communication and documentation skills necessary to be a caregiver in a longer term care facility.
C. The student will be able to identify legal issues associated with working as an aide in long term care.
D. The student will be able to provide a safe environment for the resident in long term care.
E. The student will be able to recognize physical, psychological, and emotional needs of the long term care resident.
F. The student will be able to describe care of dying resident.
G. The student will be able to identify skills necessary to safely transfer and mobilize a resident.
H. The student will be able to identify physical changes associated with aging.
I. The student will be able to discuss techniques to utilize to assist with aging changes.
J. The student will be able to identify skills necessary to care for the elderly resident.
K. The student will be able to identify needs and techniques necessary to meet nutritional needs of the older adult.

COURSE COMPETENCIES:

The student will be able to identify the role of the nurse in a long term care facility.
1. The student will be able to identify responsibilities of the nurse aide in health care delivery system and name health care professionals responsible for actions of the nurse aide.

The student will be able to discuss communication and documentation skills necessary to be a caregiver in a longer term care facility.
2. The student will be able to demonstrate a professional attitude and behavior which enhances communication between the trainee and the resident, resident’s family members, and staff.
3. The student will be able to describe how to report and record observations.
4. The student will be able to identify use of common abbreviations.
5. The student will be able to identify actions the CNA may take to assist the resident during admission.
6. The student will be able to identify how the CNA might assist with discharge of a resident.

The student will be able to identify legal issues associated with working as an aide in long term care.
7. The student will be able to demonstrate responsibility for resident’s rights by offering choices, promoting independence and the client’s right to be free of abuse, neglect and exploitation.
8. The student will be able to describe proper reporting of abuse, neglect and exploitation.

The student will be able to provide a safe environment for the resident in long term care.
9. The student will be able to describe safety precautions to avoid resident injuries, and describe fire escape plan.
10. The student will be able to demonstrate proper body alignment and positioning.
11. The student will be able to utilize proper body mechanics, demonstrate techniques of making an occupied
and unoccupied bed using measure to (1) proved for resident’s comfort, (2) prevent the transfer of
microorganisms while handling linen and (3) prevent skin irritations/pressure ulcers.
12. The student will be able to follow the concepts of standard precautions, demonstrate practices
which reduce the transfer of infection: keeping resident’s immediate area clean, disposing of soiled
articles in proper receptacles, and cleaning equipment after resident use.
13. The student will be able to use disposable gloves when in contact with body fluids (blood, urine,
voctus, excrement, saliva).
14. The student will be able to demonstrate effective hand washing techniques following all rules of
aepsis, including washing hands when entering and leaving the resident’s room.
15. The student will be able to identify infection control practices to prevent infection in the geriatric client.
16. The student will be able to discuss care techniques appropriate for the confused resident.
17. The student will be able to identify general guidelines for the CNA response to first aide emergencies.

18. The student will be able to describe care of dying resident.
19. The student will be able to identify the role of nurse aide in end-of-life care.

20. The student will be able to utilize proper body mechanics, demonstrate safe transfer, using the gait
belt and/or mechanical lift from: (1) bed to chair, (2) chair to toilet/commode, utilizing proper body
mechanics, demonstrate (3) logroll to side of bed, (4) up to a sitting position.
21. The student will be able to assist with ambulation, utilizing assistive devices when needed. The
resident should wear skid-proof shoes for safety. Be aware of signs or complaints of dizziness.

22. The student will be able to demonstrate accurate measurement and recording of weight, and height
and accurate location, measurement, and recording of vital signs: (1) temperature, (2) pulse,
(3) respirations, (4) blood pressure. Report to supervisor any changes in resident’s measurements.
23. The student will be able to identify losses a person experiences as aging occurs.
24. The student will be able to identify aging changes and diseases associate with body functions.
25. The student will be able to identify restorative and rehabilitation processes in care of the elderly.
26. The student will be able to discuss sexuality issues associated with the elderly.

27. The student will be able to assist and/or provide a bath using shower, tub, sponge, or bed bath
while providing for (a) privacy, (b) safety, and (c) comfortable room and water temperature.
28. The student will be able to observe skin and recognize the need for and provide skin care.
29. The student will be able to assist and/or provide oral care to include care of the mouth, gums, teeth,
or dentures.
30. The student will be able to assist and/or provide a shampoo (sink, tub, or bed) and comb/brush
hair or beard.
31. The student will be able to assist and/or provide nail care to include soaking the nails before trimming,
trimming fingernails to oval shape and toenails straight across. Do not provide nail care to diabetics
or those with impaired circulation-this requires special assistance.
32. The student will be able to assist and/or dress/undress, allowing for appropriate personal choices
while encouraging independence.
33. The student will be able to assist with urinations and bowel elimination needs, providing for safety
and privacy while using the toilet, commode, bed pan, or urinal.

34. The student will be able to discuss techniques to utilize to assist with aging changes.
35. The student will be able to demonstrate the abdominal thrust (Heimlich maneuver) technique.
36. The student will be able to recognize various ostomy appliance and methods used to apply the ostomy.
The student will be able to identify needs and techniques necessary to meet nutritional needs of the older adult.

36. The student will be able to demonstrate feeding techniques, guarding for safety and encouraging independence of resident and demonstrate knowledge of the importance of fluid intake.

37. The student will be able to discuss methods and devices used to deliver nutrients to the elderly.

ASSESSMENT OF LEARNER OUTCOMES:
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

SPECIAL NOTES:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunities to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center, in Rm. 3354 or call (913) 288-7670.