SYLLABUS

DATE OF LAST REVIEW: 02/2013

CIP CODE: 19.0708

SEMESTER: DEPARTMENTAL SYLLABUS

COURSE TITLE: Wellness, Health and Safety for the Young Child

COURSE NUMBER: CHLD-0220

CREDIT HOURS: 3

INSTRUCTOR: DEPARTMENTAL SYLLABUS

OFFICE LOCATION: DEPARTMENTAL SYLLABUS

OFFICE HOURS: DEPARTMENTAL SYLLABUS

TELEPHONE: DEPARTMENTAL SYLLABUS

EMAIL: KCKCC- “issued email accounts are the official means for electronically communicating with our students.”

PREREQUISITS: None

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:
Students examine the interrelationship of health, safety, nutrition, and movement exploration, with an emphasis on quality care and on organized quality care environments for young children. Current literature is explored.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
I. An Introduction
   A. Interrelationship of Health, Safety and Nutrition
II. Health of the Young Child: Maximizing the Child’s Potential
   A. Promoting Good Health
   B. Health Appraisals
   C. Health Assessment Tools
   D. Conditions Affecting Children’s Health
   E. The Infectious Process and Effective Control
   F. Communicable and Acute Illness: Identification and Management

III. Safety for the Young Child
   A. Creating a Safe Environment
   B. Safety Management
   C. Management of Accidents and Injuries
   D. Child Abuse and Neglect
   E. Educational Experiences for Young Children

IV. Nutrition and the Young Child
   A. Foods and Nutrients: Basic Concepts and Guidelines
   B. Infant Feeding
   C. Feeding the toddler
   D. Feeding the Preschool Child
   E. Planning and Serving Nutritious Meals
   F. Food Safety and Economy
   G. Nutrition Education Concepts and Activities

VI. Movement Exploration
   A. Elements and Logistics of Movement Exploration
   B. The Teacher’s Role
   C. The Environments
      1. Space
      2. Scheduling
      3. Attire
      4. Props

V. Resources:
   A. Community
   B. County
   C. State
   D. National

EXPECTED LEARNER OUTCOMES:

A. The student will be able to describe the interrelationship of health, safety and nutrition.
B. The student will be able to identify the potential for maximizing the health of the young child.
C. The student will be able to discuss the various aspects to promote safety for the young child.
D. The student will be able to identify various resources pertinent to wellness, health, and safety for the young child.
E. The student will be able to demonstrate knowledge of movement exploration for the young child(ren).

COURSE COMPETENCIES:

The student will be able to describe the interrelationship of health, safety and nutrition.
1. The student will be able to explain the interrelationship of health, safety and nutrition.

The student will be able to identify the potential for maximizing the health of the young child.
2. The student will be able to discuss ways to maximize the health of the young child.
3. The student will be able to promote good health for the young child.
4. The student will be able to discuss the various available health appraisals.
5. The student will be able to identify health assessment tools.
6. The student will be able to describe conditions affecting children’s health.
7. The student will be able to discuss the various aspects of the infectious process and effective control.
8. The student will be able to identify communicable and acute illness.

The student will be able to discuss the various aspects to promote safety for the young child.
9. The student will be able to describe the various aspects of safety for the young child.
10. The student will be able to create a safe environment.
11. The student will be able to demonstrate safety management.
12. The student will be able to describe the teacher’s responsibilities as they relate to management of accidental injuries.
13. The student will be able to identify and report child abuse and neglect.
14. The student will be able to develop curriculum activities for teaching health and safety concepts.
15. The student will be able to develop basic concepts and guidelines for foods and nutrients.
16. The student will be able to discuss the various concepts about food and nutrition for infants.
17. The student will be able to describe various concepts for feeding the toddler and preschool child.
18. The student will be able to plan and serve nutritious meals for young children.
19. The student will be able to identify economical food safety practices.
20. The student will be able to develop curriculum activities for teaching nutrition concepts and activities.

The student will be able to identify various resources pertinent to wellness, health and safety for the young child.
21. The student will be able to compile lists of community resources for health and safety of young children.
22. The student will be able to compile lists of county resources for health and safety of young children.
23. The student will be able to compile lists of national resources for health and safety of young children.

The student will be able to demonstrate knowledge of movement exploration for the young child(ren).

24. The student will be able to describe the elements and logistics of movement exploration.
25. The student will be able to define the role of the teacher of movement exploration.
26. The student will be able to create an environment suitable for creative movement exploration.
27. The student will be able to discuss the various aspects of the use of space for creative movement exploration.
28. The student will be able to define the use of scheduling for creative movement exploration.
29. The student will be able to describe the importance of appropriate attire for creative movement exploration.
30. The student will be able to discuss the use of props for creative movement exploration.
31. The student will be able to explore the use of creative movement exploration for younger children.
32. The student will be able to explain the value of creative movement exploration for 3 & 4 years old children.
33. The student will be able to develop creative movement exploration activities for one child and one adult working together.

ASSESSMENT OF LEARNER OUTCOMES:
Evaluation is based on:

- Attendance
- Class Discussion
- Class Participation
- Assignments
- Projects
- Presentations

The Following Determines Grades:

- 93%-100  A
- 86%-92   B
- 76%-85   C
- 70%-75   D

SPECIAL NOTES:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact Director of Academic Resource Center, in Room 3354 or call (913) 288-7670.
Learning Outcomes
Discipline knowledge and content mastery is expected of all graduates. More specifically, KCKCC is committed to the Learning Outcomes listed below. We believe that competence in the Learning Outcomes is essential for the success of graduates and will enhance their ability to become contributing members of our increasingly complex world. These areas of knowledge and skills are equally valid for all KCKCC graduates, whether they transfer to a four-year college or pursue a career after leaving college.

General Education Learning Outcomes
Communication Learning Outcomes
The learner will have the ability to express, interpret, and modify ideas/information effectively (both written and oral), including but not limited to reading text accurately and correctly; writing with a clear purpose and effective organization; speaking effectively using appropriate styles that suit the message, purpose, and content; and employing active listening techniques.

Computation Learning Outcomes
The learner will have the ability to understand and apply mathematical concepts and reasoning using numerical data.

Critical Reasoning Learning Outcomes
The learner will understand inductive and deductive reasoning and have the ability to define problems and use data (qualitative and quantitative) to make complex decisions utilizing analysis, synthesis, and evaluation skills.

Technology and Information Management Learning Outcomes
The learner will have the ability to define, collect, organize, analyze, and evaluate information from a variety of sources. The learner will also have the ability to understand basic technology concepts and functionality in order to use technology as a tool to locate and retrieve information.

Community and Civil Responsibility Learning Outcomes
The learner will demonstrate knowledge, awareness, and understanding of diverse ideas, values, and perspectives of a culturally diverse world; an understanding of the ethical issues and values that are prerequisites for making sound judgments and decisions; a recognition of the obligation to become actively involved as a contributing member of the community; and a sensitivity to the awareness of aesthetic expression.

Personal and interpersonal Skills Learning Outcomes
The learner will have the ability to work cooperatively and productively with others; to understand and evaluate his/her capabilities; to manage his/her personal growth by setting realistic and appropriate goals.

SOCIAL AND BEHAVIORAL SCIENCES
STUDENT SUCCESS STRATEGIES

Know your teacher’s name.

Turn off your electronic devices in class/make paying attention to the work of the class your only concern.

Miss class only when you cannot attend/acquire missed information and materials ASAP.

Know your syllabus.

Know the attendance policy.

Know the requirements for tests and assignments.

Know information about final exam and make-up exams.

Know instructor’s position on use of Wikipedia or other online sources.

Know the instructor’s preferred writing style (APA, MLA, etc.).

Always know your grade.

Contact your teacher ASAP with concerns or questions.

Know the benefits of the academic resource center.

Know if your course has a practicum, service learning component, or other exception.

Use an academic planner.

Know the course withdrawal policy.

Know your instructor’s office hours and make appointments when necessary.

Know the school’s scholastic honesty policy.

Be familiar with the course learning objectives, course competencies, and the college’s 21st century learning outcomes for general education.