SYLLABUS

DATE OF LAST REVIEW: 02/2013
CIP CODE: 12.0401
SEMESTER: Departmental syllabus
COURSE TITLE: Physical Services I
COURSE NUMBER: COSM0105
CREDIT HOURS: 6
INSTRUCTOR: Departmental syllabus
OFFICE LOCATION: Departmental syllabus
OFFICE HOURS: Departmental syllabus
TELEPHONE: Departmental syllabus
EMAIL: KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: Meet requirements for Kansas Board of Cosmetology Apprentice License

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION: This course provides both classroom and clinical instruction in Shampoos and rinses, scalp and hair care, facials and make-up, manicuring, pedicures and artificial nail enhancements. The course consists of 60 classroom hours and 115 clinical hours as prescribed by the Kansas Board of Cosmetology.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentation, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
I. Shampoos and rinses, 35 hours
   A. Purpose and effects
   B. Materials and supplies
   C. Types of shampoos
   D. Types of rinses
   E. Procedures
   F. Related chemistry
   G. Client protection
II. Scalp and hair care, 35 hours
   A. Purpose and effects
   B. Materials and supplies
   C. Types of scalp treatments
   D. Procedures
   E. Safety measures
   F. Related chemistry

III. Facials and make-up, 50 hours
   A. Purpose and effect of massage movements
   B. Materials, implements, and supplies
   C. Facial nerves and muscles
   D. Procedures
   E. Related chemistry
   F. Effects of make-up
   G. Hair removal
   H. Eyebrow arching
   I. Lash and brow tinting
   J. Safety precautions

IV. Manicuring and pedicures, 55 hours
   A. Purpose and effects
   B. Equipment, supplies, and implements
   C. Procedures
   D. Related Chemistry
   E. Safety precautions

EXPECTED LEARNER OUTCOMES:

A. The student will be able to describe the purpose and effects of shampoos and rinses.
B. The student will be able to explain and practice correct procedures for shampooing.
C. The student will be able to explain the purpose and effects of scalp and hair treatments.
D. The student will be able to identify and select the appropriate materials, implements and supplies for facials and make-up application.
E. The student will be able to explain and demonstrate the correct procedures for make-up application.
F. The student will be able to explain and demonstrate methods of hair removal.
G. The student will be able to report the purpose and effects of manicuring and pedicures.
H. The student will be able to describe the purpose and effects of manicures and pedicures.
I. The student will be able to identify and select the appropriate equipment, supplies and implements for manicuring and pedicures.
J. The student will be able to explain and demonstrate the procedures for manicures and pedicures.
K. The student will be able to define the related chemistry for manicuring and pedicures.
L. The student will be able to describe and implement the safety precautions for manicures and pedicures.
M. The student will be able to describe and implement safety measures for scalp and hair treatments.
N. The student will be able to define the related chemistry to scalp and hair treatments.
O. The student will be able to explain the purpose and effects of massage movements.
P. The student will be able to identify and select the appropriate materials, implements and supplies for facials and make-up application.
Q. The student will be able to describe and locate the facial nerves and muscles.
R. The student will be able to explain and demonstrate the correct procedures for facials and make-up application.
S. The student will be able to describe the effects of make-up.
The student will be able to explain and demonstrate methods of hair removal.

The student will be able to describe and practice eyebrow arching.

The student will be able to describe and demonstrate lash and brow tinting.

The student will be able to explain and implement safety precautions for facials and make-up.

The student will be able to report the purpose and effects of manicuring and pedicures.

The student will be able to identify and select the appropriate equipment, supplies and implements for manicuring and pedicures.

The student will be able to explain and demonstrate the procedures for manicures and pedicures.

The student will be able to define the related chemistry for manicuring and pedicures.

The student will be able to describe and implement the safety precautions for manicures and pedicures.

COURSE COMPETENCIES:

Upon successful completion of the course:

The student will be able to describe the purpose and effects of shampoos and rinses.
1. The student will be able to explain the importance of good hygienic care of hair and scalp.
2. The student will be able to explain the importance of a good professional shampoo.
3. The student will be able to identify and select appropriate materials and supplies for individual client needs.
4. The student will be able to define the types and purposes of shampoos.
5. The student will be able to identify the effects of soft water vs. hard water.
6. The student will be able to determine specific needs when choosing a shampoo.
7. The student will be able to explain the types and purposes of rinses.

The student will be able to explain and practice correct procedures for shampooing.
8. The student will be able to select the required materials and implements for shampooing.
9. The student will be able to determine the appropriate type of brush and brushing technique to best accommodate the client’s needs.
10. The student will be able to list the steps for professional shampooing.
11. The student will be able to describe and demonstrate scalp manipulations for shampooing.
12. The student will be able to explain and demonstrate correct rinsing procedures.
13. The student will be able to describe the related chemistry to shampoos and rinses.
14. The student will be able to explain and demonstrate steps for client protection (draping).

The student will be able to explain the purpose and effects of scalp and hair treatments.
15. The student will be able to explain and implement manipulations for scalp and hair treatments.
16. The student will be able to identify and select appropriate materials and supplies for scalp and hair treatments.
17. The student will be able to define the types and purposes of scalp and hair treatments.
18. The student will be able to explain and demonstrate correct procedures for scalp and hair treatments.
19. The student will be able to describe and demonstrate safety measures for scalp and hair treatments.
20. The student will be able to describe the related chemistry to scalp and hair treatments.
21. The student will be able to explain the purpose and effects of massage movements.
22. The student will be able to demonstrate effective massage movements for scalp treatments.

The student will be able to identify and select the appropriate materials, implements and supplies for facials and make-up application.
23. The student will be able identify specific cosmetic needs when administering a facial.
24. The student will be able to analyze skin types.
25. The student will be able to identify treatable and untreatable skin conditions.
26. The student will be able to employ relaxation techniques of facial massage.
27. The student will be able to explain and demonstrate the correct procedures for facials.
28. The student will be able to master the application of a paraffin mask.
29. The student will be able to describe the beneficial effects of a facial.
30. The student will be able to identify the various types of corrective facials given in the beauty salon.
31. The student will be able to describe packs and masks and their possible ingredients.
32. The student will be able to identify reasons a client might find fault with a facial treatment.
33. The student will be able to explain and demonstrate the procedure with infrared rays.
34. The student will be able to explain and demonstrate the procedure with galvanic current.
35. The student will be able to describe and demonstrate the procedure with indirect high-frequency current.

The student will be able to explain and demonstrate the correct procedures for make-up application.
36. The student will be able to list the types of cosmetics used for facial makeup and their purposes.
37. The student will be able to describe correct makeup application procedures.
38. The student will be able to identify the different facial types.
39. The student will be able to demonstrate the different procedures for basic corrective makeup.
40. The student will be able to demonstrate the application and removal of artificial eyelashes.
41. The student will be able to list the safety precautions to be observed in the application of makeup.
42. The student will be able to describe the effects of make-up.

The student will be able to explain and demonstrate methods of hair removal.
43. The student will be able to list the two general classifications of unwanted hair removal.
44. The student will be able to identify the three methods of permanent hair removal.
45. The student will be able to describe the techniques involved in the thermolysis method of permanent hair removal.
46. The student will be able to demonstrate the methods of temporary hair removal.
47. The student will be able to list three safety precautions when waxing.
48. The student will be able to describe and practice eyebrow arching.
49. The student will be able to describe and demonstrate lash and brow tinting.

The student will be able to report the purpose and effects of manicuring and pedicures.
50. The student will be able to identify the benefits of professional manicures.
51. The student will be able to identify the benefits of professional pedicures.

The student will be able to identify and select the appropriate equipment, supplies and implements for manicuring and pedicures.
52. The student will be able to perform a table set up for a basic manicure, a hot oil manicure, and a spa manicure.
53. The student will be able to describe a cuticle pusher, orangewood stick, nail clipper, cuticle nipper, nail file, manicure bowl, hot oil heater, paraffin bath, and spa mitts.
54. The student will be able to explain cuticle solvent, cuticle oil, cuticle cream, polish remover, base coat, nail strengthener, nail polish, top coat, UV top coat, polish dryer, hand lotion, paraffin treatment wax, and exfoliating scrub.
55. The student will be able to perform a station set up for a basic pedicure and a spa pedicure.
56. The student will be able to describe a pedicure slippers, toenail nipper, toenail clipper, foot file, buffer, rasp, and callous shaver. (The rasp and callous shaver are both illegal in the state of Kansas.)
66. The student will be able to explain massage lotion, massage oil, exfoliating scrub, callous treatment, and mask.

The student will be able to explain and demonstrate the procedures for manicures and pedicures.

67. The student will be able to explain and demonstrate the procedures for basic and hot oil manicures.

68. The student will be able to explain and perform the basic massage movements for manicures.

69. The student will be able to identify the basic reflexology regions of the hand.

70. The student will be able to describe and demonstrate hot paraffin treatments.

71. The student will be able to explain and demonstrate the procedures for basic and spa pedicures.

72. The student will be able to describe and perform the basic massage movements for pedicures.

73. The student will be able to identify the basic reflexology zones of the foot.

74. The student will be able to identify the chemical composition of cuticle solvent, cuticle oil, cuticle cream, polish remover, base coat, nail strengthener, nail polish, top coat, polish dryer, hand lotion, exfoliating scrub.

75. The student will be able to identify the chemical composition of massage lotion, massage oil, callous treatment and mask for pedicures.

The student will be able to define the related chemistry for manicuring and pedicures.

76. The student will be able to describe and demonstrate the safety precautions for manicures and pedicures.

77. The student will be able to explain and perform minor first aid on minor cuts and abrasions.

78. The student will be able explain the universal precautions for blood spills.

ASSESSMENT OF LEARNER OUTCOMES:

Student progress is evaluated by means that include, but are not limited to, exams, written assignments, class participation and attendance.

SPECIAL NOTES:

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

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