DATE OF LAST REVIEW: 02/2013

CIP CODE: 24.0101

SEMESTER: Departmental Syllabus

COURSE TITLE: Techniques of Volleyball (Competency Based)

COURSE NUMBER: EXSC0159

CREDIT HOURS: 2

INSTRUCTOR: Departmental Syllabus

OFFICE LOCATION: Departmental Syllabus

OFFICE HOURS: Departmental Syllabus

TELEPHONE: Departmental Syllabus

EMAIL: KCKCC Issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: None

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class. Do not list a specific text in this area.

COURSE DESCRIPTION:
This course will be a comprehensive overview of volleyball techniques. Topics studied will include the elements of the game of volleyball, running a practice, rules of the game, defensive and offensives drills and strategies, defensive and offensive skills, components of setting, passing and serving, compiling statistics, as well as being able to develop a year practice plan.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These include but are not limited to: Multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
I. Formulating the General Philosophy
   A. Program
B. Rules
C. Games

II. Compiling Volleyball Statistics
   A. Offensive Drills
   B. Defense Drills
   C. Running plays

III. Comprehensive game plan
    A. Pregame plan
    B. Different aspects of a practice plan

IV. Volleyball Terminology/Statistics
    A. Terms related to volleyball
    B. Offensive and defensive terms
    C. Calculate volleyball statistics

V. Volleyball Positions
   A. Offensive position
   B. Defensive positions

EXPECTED LEARNER OUTCOMES:

A. The student will be able to demonstrate knowledge of the components of a total volleyball program.
B. The student will be able to demonstrate the ability to perform volleyball passing, setting and hitting techniques and drills.
C. The student will be able to demonstrate the ability to administer a comprehensive game plan.
D. The student will be able to demonstrate a comprehensive knowledge of volleyball terminology.
E. The student will be able to demonstrate knowledge of the competencies involved at each position.
F. The student will be able to demonstrate knowledge of defensive skills
G. The student will be able to acquire an understanding of how to calculate volleyball statistics
COURSE COMPETENCIES:
The student will be able to demonstrate knowledge of the components of a total volleyball program.
1. The student will be able to define the game of volleyball.
2. The student will be able to explain the major points and rules of volleyball.

The student will be able to demonstrate the ability to perform volleyball passing, setting and hitting techniques and drills.
3. The student will be able to demonstrate drills for passing, setting and hitting.
4. The student will be able to explain different aspects offense and defensive drills.

The student will be able to demonstrate the ability to administer a comprehensive game plan.
5. The student will be able to describe a pregame plan.
6. The student will be able to explain the purpose of a sound pregame plan.

The student will be able to demonstrate a comprehensive knowledge of volleyball terminology.
7. The student will be able to explain different terms related to volleyball.
8. The student will be able to explain different terms related to offensive and defensive strategies.

The student will be able to demonstrate knowledge of the competencies involved at each position.
9. The student will be able to explain offensive positions.
10. The student will be able to explain defensive positions.

The student will be able to demonstrate knowledge of defensive skills.
11. The student will be able to explain defensive components with all positions.
12. The students will be able to identify different skills needed for each position.

The student will be able to acquire an understanding of how to calculate volleyball statistics
13. The student will be able to calculate simple stats of hitting efficiency
14. The student will be able to calculate simple stats of defensive pass rating.
15. The student will be able to calculate simple stats of setting and serving efficiency.

ASSESSMENT OF LEARNER OUTCOMES:
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

SPECIAL NOTE
This syllabus is subject to change at the discretion of the instructor. Materials included are meant to provide an outline of the course and rules that the instructor will adhere to in evaluating the student's progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.
Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increases understanding.

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