SYLLABUS

DATE OF LAST REVIEW: 02/2013

CIP CODE: 24.0101

SEMESTER: Departmental Syllabus

COURSE TITLE: Techniques of Baseball

COURSE NUMBER: EXSC0180

CREDIT HOURS: 3

INSTRUCTOR: Departmental Syllabus

OFFICE HOURS: Departmental Syllabus

TELEPHONE: Departmental Syllabus

EMAIL: Departmental Syllabus

KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITE(S): None.

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:
This course will be a comprehensive overview of baseball techniques. Topics studied will include the elements of base running, defensive skills, hitting mechanics and philosophy, components of a sound pitching delivery, compiling statistics, as well as being able to develop a year around conditioning program.

METHOD OF INSTRUCTION:
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, learning experiences, and performances outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:

I. Formulating the General Philosophy
   A. Program
B. Practices
C. Games

II. Developing a Comprehensive Terminology
   A. Skill-related
   B. Position descriptions
   C. Hitting/bunting
   D. Base running
   E. Game situations
   F. Drill activities

III. Description of Various Levels of Play
   A. Little League
   B. High School
   C. Collegiate
   D. Professional

IV. Compiling Baseball Statistics
   A. Offensive
   B. Defense
   C. Pitching

V. Developing Baseball Conditioning Program
   A. Preseason
   B. In-season
   C. Off-season

EXPECTED LEARNER OUTCOME:

A. The student will be able to demonstrate a knowledge of the components of a total baseball program.
B. The student will be able to demonstrate the ability to develop a sound practice plan.
C. The student will be able to demonstrate the ability to administer a comprehensive game plan.
D. The student will be able to demonstrate a comprehensive knowledge of baseball terminology.
E. The student will be able to demonstrate knowledge of the competencies involved at each position.
F. The student will be able to demonstrate knowledge of hitting, bunting, base running skills.
G. The student will be able to demonstrate a knowledge of hitting, fielding and pitching drills.
H. The student will be able to acquire a basic understanding of the intricacies running a little league, high school, college and professional baseball program.
I. The student will be able to demonstrate an understanding of the professional baseball hierarchy.
J. The student will be able to acquire an understanding of how to calculate offensive, defensive and pitching statistics.
K. The student will be able to develop a pre-season, in-season, and off-season conditioning program.
L. The student will be able to demonstrate knowledge of a baseball scorebook.
M. The student will be able to demonstrate knowledge of pre-game infield/outfield drills.
N. The student will be able to acquire an understanding for the umpires.
O. The student will be able to acquire an understanding about the use of signals as it relates to: defense and offense in the game of baseball.
P. The student will be able to demonstrate a knowledge of a cutoff and relay system.
Q. The student will be able to demonstrate a knowledge of defending bunt plays and first and third plays.
R. The student will be able to demonstrate a knowledge of implementing first and third, bunting, and base stealing offensive strategies.

COURSE COMPETENCIES:
The student will be able to demonstrate a knowledge of the components of a total baseball program.
1. The student will be able to demonstrate a knowledge of the components of a total baseball program.

   The student will be able to demonstrate the ability to develop a sound practice plan.
2. The student will be able to design a sound practice plan.

   The student will be able to demonstrate the ability to administer a comprehensive game plan.
3. The student will be able to design a comprehensive game plan.

   The student will be able to demonstrate a comprehensive knowledge of baseball terminology.
4. The student will be able to demonstrate a comprehensive knowledge of baseball terminology.

   The student will be able to demonstrate knowledge of the competencies involved at each position.
5. The student will be able to demonstrate a knowledge of the competencies involved at each position.

   The student will be able to demonstrate knowledge of hitting, bunting, base running skills.
6. The student will be able to demonstrate a knowledge of hitting skills.
7. The student will be able to demonstrate a knowledge of bunting skills.
8. The student will be able to demonstrate a knowledge of base running skills.

   The student will be able to demonstrate a knowledge of hitting, fielding and pitching drills.
9. The student will be able to demonstrate a knowledge of hitting drills.
10. The student will be able to demonstrate a knowledge of fielding drills.
11. The student will be able to demonstrate a knowledge of pitching drills.

   The student will be able to acquire a basic understanding of the intricacies running a little league, high school, college and professional baseball program.

12. The student will be able to acquire a basic understanding of the intricacies of a little league baseball program.
13. The student will be able to demonstrate a knowledge of how to run a high school baseball team.
14. The student will be able to demonstrate a knowledge of how to run a college baseball program.

   The student will be able to demonstrate an understanding of the professional baseball hierarchy.

15. The student will be able to demonstrate an understanding of the professional baseball hierarchy.

   The student will be able to acquire an understanding of how to calculate offensive, defensive and pitching statistics.

16. The student will be able to calculate a set of offensive statistics.
17. The student will be able to calculate a set of defensive statistics.
18. The student will be able to calculate a set of pitching statistics.

   The student will be able to develop a pre-season, in-season, and off-season conditioning program.

19. The student will be able to develop a pre-season conditioning program.
20. The student will be able to develop an in-season conditioning program.
21. The student will be able to develop an off-season conditioning program.

   The student will be able to demonstrate knowledge of a baseball scorebook
22. The student will be able to complete a scorebook for one entire game.

   The student will be able to demonstrate knowledge of pre-game infield/outfield drills.
23. The student will be able to develop a pre-game infield/outfield routine.

   The student will be able to acquire an understanding for the umpires.
24. The student will be able to demonstrate an understanding for the umpires.

   The student will be able to acquire an understanding about the use of signals as it relates to: defense and offense in the game of baseball.
25. The student will be able to develop an offense and defense signal system.

   The student will be able to demonstrate a knowledge of a cutoff and relay system.
26. The student will be able to demonstrate a knowledge of a cutoff and relay system.
The student will be able to demonstrate a knowledge of defending bunt plays and first and third plays.

27. The student will be able to develop a strategy to defend the bunt and first and third plays.

The student will be able to demonstrate a knowledge of implementing first and third, bunting, and base stealing offensive strategies.

28. The student will be able to develop an offensive strategy for first and third, bunt, and base stealing.

ASSESSMENT OF LEARNER OUTCOMES:
Students' assessment will be evaluated by means that include, but are not limited to exams, written assignments, and class participation.

SPECIAL NOTE:

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of Academic Resource Center in Rm. 3354 or call: 288-7670 V/TDD.