SYLLABUS

DATE OF LAST REVIEW: 02/2013

CIP CODE: 24.0101

SEMESTER: Departmental Syllabus

COURSE TITLE: Techniques of Basketball (Competency Based)

COURSE NUMBER: EXSC0181

CREDIT HOURS: 2

INSTRUCTOR: Departmental Syllabus

OFFICE HOURS: Departmental Syllabus

TELEPHONE: Departmental Syllabus

EMAIL: Departmental Syllabus

KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITE(S): None.

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:

This course will be a comprehensive overview of basketball techniques. Topics studied will include the elements of rebounding, man to man defensive skills, shooting mechanics and 3-point shooting philosophy, different types of zone defenses and offenses, different types of full court presses, ball handling skills, passing skills, setting screens, defending screens, outlet passing, and free throw shooting.

METHOD OF INSTRUCTION:

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, learning experiences, and performances outside the classroom. Methodology will be selected to best meet student needs.
COURSE OUTLINE:

I. Formulating the General Philosophy
   A. Program
   B. Practices
   C. Games
II. Developing a Comprehensive Terminology
   A. Skill-related
   B. Position descriptions
   C. Shooting
   D. Types of defenses
   E. Rebounding
   F. Practice organization
   G. Drill activities
   H. Game situations
   I. Film analysis
III. Description of Various Levels of Play
   A. Point Guard
   B. Shooting Guard
   C. Small Forward
   D. Power Forward
   E. Center
IV. Developing Basketball Conditioning Program
   A. Preseason
   B. In-season
   C. Off-season

EXPECTED LEARNER OUTCOME:

A. The student will be able to demonstrate an understanding for the general offensive and defensive schemes most often used in the game of basketball.
B. The student will be able to have basic knowledge on ball handling, shooting, rebounding, zone defense and man defense.
C. The student will be able to demonstrate proper shooting, rebounding, passing and defensive techniques.
D. The student will be able to break down game film and put together a scouting report.
E. The student will be able to set up a pre-season, in-season, and post-season conditioning program.

COURSE COMPETENCIES:

The student will be able to demonstrate an understanding for the general offensive and defensive schemes most often used in the game of basketball.

1. The student will be able to demonstrate knowledge of the components of a total basketball program.
2. The student will be able to decipher between man and zone defenses.
3. The student will be able to demonstrate a comprehensive knowledge of basketball terminology.
4. The student will be able to demonstrate knowledge of the competencies involved at each position.
5. The student will be able to decipher the different positions on the basketball floor and their primary functions to the game of basketball.
   The student will be able to have basic knowledge on ball handling, shooting, rebounding, zone defense and man defense.
6. The student will be able to demonstrate knowledge of shooting skills.
7. The student will be able to demonstrate knowledge of ball handling skills.
8. The student will be able to demonstrate knowledge of rebounding skills.
9. The student will be able to demonstrate knowledge of ball handling drills.
10. The student will be able to demonstrate how to set a proper screen.
   The student will be able to demonstrate proper shooting, rebounding, passing and defensive techniques.
11. The student will be able to demonstrate knowledge of passing skills.
12. The student will be able to demonstrate knowledge of screening skills.
13. The student will be able to demonstrate knowledge of floor spacing.
14. The student will be able to demonstrate knowledge of shooting drills.
15. The student will be able to demonstrate knowledge of rebounding drills.
16. The student will be able to demonstrate knowledge of passing drills.
17. The student will be able to demonstrate how to defend screens.
   The student will be able to break down game film and put together a scouting report.
18. The student will be able to demonstrate the ability to break down game films.
19. The student will be able to formulate a scouting report.
   The student will be able to set up a pre-season, in-season, and post-season conditioning program.
20. The student will be able to demonstrate knowledge on how to set up a preseason conditioning program.
21. The student will be able to demonstrate how to set up an in-season conditioning program.
22. The student will be able to demonstrate how to set up a post-season conditioning program.

ASSESSMENT OF LEARNER OUTCOMES:

Students’ assessment will be evaluated by means that include, but are not limited to exams, written assignments, and class participation.
SPECIAL NOTE:

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of Academic Resource Center in Rm. 3354 or call: 288-7670 V/TDD.