SYLLABUS

DATE OF LAST REVIEW: 02/2013
CIP CODE: 24.0101
SEMESTER: Departmental Syllabus
COLIRSE TITLE: Techniques of Softball
COURSE NUMBER: EXSC0197
CREDIT HOURS: 3
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
TELEPHONE: Departmental Syllabus
EMAIL: KCKCC Issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: None

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class

COURSE DESCRIPTION:
This course will be a comprehensive overview of softball techniques. Topics studied will include the elements of base running, defensive skills, hitting mechanics and philosophy, components of a sound pitching delivery, compiling statistics, as well as being able to develop a year around conditioning program.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These include but are not limited to: Multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
I. Formulating the General Philosophy
   A. Program
   B. Practices
C. Games

II. Developing a Comprehensive Terminology
   A. Skill-related
   B. Position descriptions
   C. Hitting/bunting
   D. Base running
   E. Game situations
   F. Drill activities

III. Description of Various Levels of Play
   A. Summer Club Team
   B. High School
   C. Collegiate
   D. Professional Softball Team

IV. Compiling Softball Statistics
   A. Offensive
   B. Defense
   C. Pitching

V. Developing Softball Conditioning Program
   A. Preseason
   B. In-season
   C. Off-season

EXPECTED LEARNER OUTCOME:

A. The student will be able to demonstrate knowledge of the components of a total softball program.
B. The student will be able to demonstrate the ability to develop a sound practice plan.
C. The student will be able to demonstrate the ability to administer a comprehensive game plan.
D. The student will be able to demonstrate a comprehensive knowledge of softball terminology.
E. The student will be able to demonstrate knowledge of the competencies involved at each position.
F. The student will be able to demonstrate knowledge of offensive skills.
G. The student will be able to demonstrate knowledge of defensive skills.
H. The student will be able to acquire a basic understanding of the intricacies of the different types of softball programs.
I. The student will be able to acquire an understanding of how to calculate softball statistics.
J. The student will be able to develop an off-season conditioning program.
COURSE COMPETENCIES:

The student will be able to demonstrate knowledge of the components of a total softball program.

1. The student will be able to define the game of softball.
2. The student will be able to explain major differences between softball and its comparison to baseball.

The student will be able to demonstrate the ability to develop a sound practice plan.

3. The student will be able to explain a practice plan for all aspects of the game.
4. The student will be able to explain different aspects of a practice plan.

The student will be able to demonstrate the ability to administer a comprehensive game plan.

5. The student will be able to describe a pregame plan.
6. The student will be able to explain the purpose of a sound pregame plan.

The student will be able to demonstrate a comprehensive knowledge of softball terminology.

7. The student will be able to explain different terms related to softball.
8. The student will be able to explain different terms related to offense and defense.

The student will be able to demonstrate knowledge of the competencies involved at each position.

9. The student will be able to explain infield and outfield positions.
10. The student will be able to explain the pitcher and catcher positions.

The student will be able to demonstrate knowledge of offensive skills.

11. The student will be able to explain hitting skills and techniques.
12. The student will be able to explain bunting skills and techniques.
13. The student will be able to explain base running strategies.

The student will be able to demonstrate knowledge of defensive skills.

14. The student will be able to explain defensive components with all positions.
15. The students will be able to identify different skills needed for each position.

The student will be able to acquire a basic understanding of the intricacies of the different types of softball programs.

16. The student will be able to explain the difference between a summer club team, a college softball team and the professional softball league.

The student will be able to acquire an understanding of how to calculate softball statistics.

17. The student will be able to calculate simple stats of pitching.
18. The student will be able to calculate simple stats of hitting.
19. The student will be able to calculate simple stats of defense.

The student will be able to develop an off-season conditioning program.

20. The student will be able to define and compile an off-season conditioning program.
21. The student will be able to define and compile an off-season weight training program.
ASSESSMENT OF LEARNER OUTCOMES:
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

SPECIAL NOTE
This syllabus is subject to change at the discretion of the instructor. Materials included are meant to provide an outline of the course and rules that the instructor will adhere to in evaluating the student's progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increases understanding.

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