SYLLABUS

DATE OF LAST REVIEW: 02/2013
CIP CODE: 24.0101
SEMESTER: Departmental Syllabus
COURSE TITLE: Physical Education for the Elementary Teacher
COURSE NUMBER: EXSC0209
CREDIT HOURS: 3
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
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KCKCC-issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES(S): None

REQUIRED TEXT AND MATERIALS:
Please check with KCKCC bookstore, http://www.kckccbookstore.com for the required text for your particular class.

COURSE DESCRIPTION:
This course is designed to prepare students to teach physical education to children grades K-6. It will use developmental approach and stress exploratory methods of teaching young children variety of games, dance, gymnastics, and health-related fitness activities.

METHOD OF INSTRUCTION:
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, learning experiences, and performances outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
Topic I
A. Meaning and purpose of Physical Education
B. Contemporary objectives of program
C. Current factors influencing programs
Topic II
   A. Physical growth and development of children
   B. Motor skill development
   C. Personal and social development
   D. Implication for Physical Education programs

Topic III
   A. Movement Education’s concepts
   B. Locomotor and nonlocomotor skills
   C. Manipulative skills

Topic IV
   A. Methods of teaching physical education
   B. Motivation techniques
   C. Maintaining discipline

Topic V
   A. Content and teaching strategies for primary grades
   B. Content and teaching strategies for intermediate grades

Topic VI
   A. Content areas of physical education
   B. Planning a Physical Education curriculum

EXPECTED LEARNER OUTCOMES:

A. The student will be able to acquire a basic understanding of the philosophy and objectives of an elementary school physical education program.
B. The student will be able to acquire a basic understanding of the characteristics and needs of children and the implication of those needs to physical education program.
C. The student will be able to develop knowledge and skill to teach a variety of games, dance, and gymnastic activities.
D. The student will be able to develop knowledge and ability to plan, organize, and teach yearly programs, units of instruction and effective daily lesson plans.

COURSE COMPETENCIES:

The student will be able to acquire a basic understanding of the philosophy and objectives of an elementary school physical education program.
1. The student will be able to cite the unique outcomes of elementary physical education.
2. The student will be able to list program objectives and recognize the contribution of physical education.
3. The student will be able to define physical education and its role in elementary school experience.
4. The student will be able to discuss the role organized youth sports should play in the proper growth and development of children.
5. The student will be able to cite stages of the growing child.
6. The student will be able to identify the guidelines to follow for exercising children safely.
7. The student will be able to identify essential elements of instruction and discuss the manner in which each relates to the learning environment.
8. The student will be able to discuss Title IX, IDEA and its impact on physical education

The student will be able to acquire a basic understanding of the characteristics and needs of children and the implication of those needs to physical education program
9. The student will be able to cite acceptable and recommended procedures for dealing with inappropriate behaviors.
10. The student will be able to discuss the implications of PL94-142 for physical education.
11. The student will be able to identify essential elements of an individualized educational program and list the stages of development.
12. The student will be able to cite the three learning domains and discuss characteristics of each.
13. The student will be able to demonstrate how children learn movement concepts and motor skills.
14. The student will be able to identify and define locomotor and nonlocomotor skills.
15. The student will be able to demonstrate how academic concepts and skills can be taught and enhanced through physical education.

The student will be able to develop knowledge and skill to teach a variety of games, dance, and gymnastic activities.

16. The student will be able to identify techniques used to start and stop the class, organize the class into groups and formations, use squads, and prepare youngsters for activity.
17. The student will be able to describe various demonstration and modeling skills that facilitate an environment conducive to learning.
18. The student will be able to identify methods of instructional analysis of teacher behavior.
19. The student will be able to identify microcomputer software programs that can assist in the analysis and reporting of fitness and motor performance scores, nutritional information and record-keeping, and teacher behaviors.
20. The student will be able to describe arguments for and against grading in physical education.
21. The student will be able to discuss current issues and topics regarding physical education programs/activities for the elementary age child.
22. The student will be able to identify 5 activities to be taught in each of the following areas:
   a. movement
   b. dance
   c. games
   d. gymnastic

23. The student will be able to list guidelines for the proper supervision of instruction, equipment, and facilities.
24. The student will be able to list recommended equipment for outdoor and indoor physical education areas.

The student will be able to develop knowledge and ability to plan, organize, and teach yearly programs, units of instruction and effective daily lesson plans.

25. The student will be able to discuss the rationale for the four components of a lesson and describe characteristics of each.
26. The student will be able to list guidelines for curriculum development.
27. The student will be able to list restrictive factors associated with curriculum development.
28. The student will be able to describe various teaching styles and when each style is best used to increase student learning.
29. The student will be able to plan 10 lesson physical education lesson plans.

ASSESSMENT OF LEARNER OUTCOMES:
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.
SPECIAL NOTE:

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

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