Required Text and Materials: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

Course Description:
This course utilizes the nursing standards of practice based on principles of biology, psychosocial, spiritual and cultural to meet the needs of clients throughout the lifespan. Emphasis is placed on basic nursing skills, patient safety and therapeutic communication. Concepts and skills are enhanced in subsequent courses.

Method of Instruction:
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, learning experiences, and performances outside the classroom. Methodology will be selected to best meet student needs.

Course Outline:
I. Scope of Practice for the Practical Nurse
   A. Historical Overview of Scope of Practice
   B. Delegation
C. Basic Needs
D. Practical Nurse Competence
E. Professional Conduct
F. Professional Organization
G. Kansas Nurse Practice Act

II. Therapeutic Communication Techniques
A. Principles of Personal Space
B. Barriers to Communication
C. Therapeutic Communication Techniques
D. Nonverbal communication
E. Communication challenges
F. Interview Process
G. Communication with the Health Care Team

III. Steps of the Nursing Process
A. Assist with basic assessment
B. Assist in planning individualized nursing care
C. Implement a teaching plan
D. Delegate in a structured setting
E. Evaluate and participate in revisions

IV. Ethical and Legal Concepts in health care
A. Identify terminology
B. Identify felony, misdemeanor, malpractice statutes and regulations
C. Use of Nurse Practice Act
D. Informed consent
E. Assault, battery, false imprisonment and abandonment
F. Incident report
G. Advance Directives
H. Malpractice insurance
I. Confidentiality and HIPPA
J. Patient Bill of Rights

V. Nursing Care Related to Biological, Cultural, Spiritual and Psychosocial Needs
A. Maslow’s Theory
B. Individualized spiritual care
C. Cultural diversity
D. Client support system
E. Effective coping strategy
F. Successful adaptation to stressors
G. Effective stress management

VI. Basic Principles of Client Assessment
A. Physical Assessment
   1. Inspection
2. Auscultation
3. Palpation
4. Percussion

B. Review of Medical Records
C. Cultural Assessment
D. Psychosocial Assessment

VII. Document Assessment Interventions and Progress Toward Client Outcomes
A. Nursing process
B. Types of documentation
C. Legal guidelines
D. Written documentation

VIII. Nutrition and Hydration of Clients
A. Identify calorie and nutrition needs
B. Barriers to adequate nutrition and hydration
C. Enhancing nutrition and hydration status
D. Religious practices which affect nutrition
E. Alternative methods
F. Nursing process
G. Assistive techniques to assist with feeding
H. Facility feeding policies
I. Signs and symptoms of hydration and imbalance
J. Fluids, Electrolytes and acid-base balance

IX. Exercise and Activity
A. Disuse Syndrome
B. Active and passive activity
C. Proper alignment and position
D. Assistive devices
E. Transfer techniques
F. Exercise and activity needs

X. Comfort and Sleep
A. Nursing Process
B. Nursing interventions for pain
C. Interventions for comfort and sleep
D. Barriers to client’s usual sleep patterns
E. Nursing interventions to promote sleep

XI. Elimination
A. Promote bowel and bladder function
B. Identify barriers to normal bowel and bladder function
C. Signs and symptoms of altered bowel and bladder function
D. Procedures to facilitate bowel and bladder function
E. Interventions to restore normal bowel and bladder function
XII. Hygiene
   A. Nursing Process
   B. Methods to provide hygiene
   C. Teaching to promote hygiene

XIII. Safety
   A. Safety procedure for clinical setting
   B. Potential safety hazards
   C. Methods to provide client safety
   D. Potential risk to client safety
   E. Patient identification
   F. Policy and procedures infectious material and hazardous materials
   G. Provide safety in client’s home
   H. Disaster plan
   I. Universal precautions
   J. Safe use of equipment
   K. Proper use of restraints

XIV. Oxygenation
   A. Nursing process to identify need for client oxygenation
   B. Interventions to improve oxygenation
   C. Methods of oxygenation supplementation
   D. Evaluation methods to determine effectiveness
   E. Safety precautions
   F. Teaching needs

XV. Safe Medication Administration
   A. Identify six rights of medication administration
   B. Assess IV site, flow rate and fluid intake
   C. Identify methods for providing client medication
   D. Role of PN and doctor’s orders

EXPECTED LEARNER OUTCOMES:
Upon successful completion of the course, on written and/or practical examination:
   A. The student will utilize medical terminology related to human anatomy.
   B. The student will apply basic therapeutic communication techniques.
   C. The student will identify the steps of the nursing process.
   D. The student will apply ethical and legal concepts in healthcare.
   E. The student will identify the standards of nursing care related to biological, cultural, spiritual and psychosocial needs of clients throughout the lifespan.
   F. The student will identify the basic principles of client assessment.
   G. The student will document assessments, interventions, and progress toward client outcomes.
   H. The student will identify the standards of nursing care related to nutrition and hydration of clients throughout the lifespan.
I. The student will identify the standards of nursing care related to exercise and activity of clients throughout the lifespan.

J. The student will identify the standards of nursing care related to comfort and sleep of clients throughout the lifespan.

K. The student will identify the standards of nursing care related to elimination needs of clients throughout the lifespan.

L. The student will identify the standards of nursing care related to hygiene of clients throughout the lifespan.

M. The student will identify the standards of nursing care related to safety of clients throughout the lifespan.

N. The student will identify the standards of nursing care related to oxygenation of clients throughout the lifespan.

O. The student will identify safe medication administration.

COURSE COMPETENCIES:

The student will utilize medical terminology related to scope of practice.

1. The student will identify scope of practice.
2. The student will identify delegation.
3. The student will identify basic needs.
4. The student will identify practical nursing competence.
5. The student will identify professional conduct.
6. The student will identify professional organizations and the Kansas State Board of Nursing.
7. The student will distinguish between the Kansas Nurse Practice Act and the clinical setting’s policies and procedures.

The student will apply basic therapeutic communication techniques.

8. The student will identify barriers to communication in client and self.
9. The student will identify principles of distance and personal space.
10. The student will identify active listening and assertive communication.
11. The student will identify client confidentiality.
12. The student will identify need for goals in communication.
13. The student will identify steps in interview process.
14. The student will identify facilitators to effective communication.

The student will identify the steps of the nursing process.

15. The student will assist with the identification of a data base utilizing established assessment tool.
16. The student will assist in planning individualized nursing care.
17. The student will implement a teaching plan.
18. The student will identify delegated nursing care to clients in structured settings.
19. The student will evaluate nursing care and participate in the revisions of the plan of care.
The student will apply ethical and legal concepts in health care.

20. The student will identify ethical and legal terminology.
21. The student will identify felony, misdemeanor, malpractice, statues, and regulations.
22. The student will identify use of Nurse Practice Act in legal process.
23. The student will identify role of informed consent in a nursing practice.
24. The student will identify assault, battery, false imprisonment, and abandonment.
25. The student will identify the role of an accurate incident report.
26. The student will identify the role of the Durable Power of Attorney or healthcare decisions.
27. The student will identify the role of malpractice insurance.
28. The student will identify the use and need for confidentiality.
29. The student will identify the role of the Patient’s Bill of Rights.
30. The student will identify the role of the practical nurse in following patient advanced directives.

The student will identify the standards of nursing care related to biological, cultural, spiritual and psychosocial needs of clients throughout the lifespan.

31. The student will identify basic human needs according to Maslow.
32. The student will identify need for individualized spiritual care.
33. The student will identify major care adaptation that incorporates cultural diversity.
34. The student will identify client support system.
35. The student will identify effective coping strategies.
36. The student will identify mechanisms that result in successful adaptation to stressors.
37. The student will identify effective stress management.

The student will identify the basic principles of client assessment.

38. The student will identify four techniques of physical assessment.
39. The student will identify the role of inspection in assessment.
40. The student will identify the role of auscultation in assessment.
41. The student will identify the role of palpation in assessment.
42. The student will identify the role of percussion in assessment.
43. The student will identify the use of client medical records and interview.
44. The student will identify the need for cultural and psychosocial assessment.

The student will document assessments, interventions, and progress toward client outcomes.

45. The student will correlate the nursing process with the process of charting.
46. The student will list the legal guidelines for recording on medical records.
47. The student will compare and contrast methods of written documentation.
48. The student will relate the approved way to correct entries in medical records that were made in error.

The student will identify the standards of nursing care related to nutrition and hydration of clients throughout the lifespan.

49. The student will identify calorie, nutrient and hydration needs across the lifespan.
50. The student will identify the barriers to adequate nutrition and hydration.
The student will identify ways to enhance nutrition and hydration status.

The student will identify cultural and/or religious practices which affect nutrition and hydration.

The student will use the nursing process to identify nutrition and hydration needs.

The student will identify safe techniques to assist with feeding and providing fluids.

The student will identify facility’s policy and procedure prior to feeding procedures.

The student will identify signs and symptoms of hydration imbalance including acid-base and electrolytes.

The student will identify the standards of nursing care related to exercise and activity of clients throughout the lifespan.

The student will identify components of disuse syndrome.

The student will identify benefits of active and passive activity.

The student will identify proper ergonomics, alignment, and position changes for clients and the nurse.

The student will identify appropriate use of assistive devices with client and staff members (prosthetic limbs, cane, walker, crutches, gait belt, t-belt, mechanical lift, etc.)

The student will describe safe transfer techniques for clients with altered mobility.

The student will identify need for exercise and activity using nursing process.

The student will identify the standards of nursing care related to comfort and sleep of clients throughout the lifespan.

The student will use the nursing process to identify need for client comfort and sleep.

The student will describe the nursing interventions for pain (biofeedback, guided imagery, distraction, complementary principles).

The student will describe evaluation methods to determine effectiveness of interventions for comfort and sleep.

The student will identify barriers to client’s usual sleep pattern.

The student will identify nursing interventions to promote sleep.

The student will identify the standards of nursing care related to elimination needs of clients throughout the lifespan.

The student will identify factors to promote bowel and bladder function.

The student will identify barriers to normal bowel and bladder function.

The student will use the nursing process to identify signs and symptoms of altered bowel and bladder function.

The student will identify procedures and/or equipment used to facilitate bowel and bladder function.

The student will evaluate interventions to restore normal bowel and bladder function.

The student will identify the standards of nursing care related to hygiene of clients throughout the lifespan.

The student will use the nursing process to identify client’s need for hygiene.

The student will describe methods to provide personal hygiene.

The student will identify teaching needs to promote client hygiene.
The student will identify the standards of nursing care related to safety of clients throughout the lifespan.

77. The student will identify safety procedures for clinical setting (fire, tornado, and intruder).
78. The student will identify potential safety hazards to protect clients from accidents, errors, and injury.
79. The student will identify methods to provide client safety: bed alarms, ID bands, and call lights.
80. The student will use the nursing process to identify potential risk to client safety.
81. The student will utilize identification procedures prior to nursing interventions.
82. The student will utilize facility policies and procedures to handle hazardous and/or infectious materials.
83. The student will use the nursing process to promote safety in the client’s home.
84. The student will identify the role of the LPN as a part of the internal/external disaster plan team.
85. The student will identify the proper use of asepsis and standard precautions in nursing interventions.
86. The student will identify safe use of equipment used in client care.
87. The student will identify proper use of restraints and safety devices for clients.

The student will identify the standards of nursing care related to oxygenation of clients throughout the lifespan.

88. The student will use the nursing process to identify the need for client oxygenation.
89. The student will identify interventions to improve oxygenation.
90. The student will identify methods of oxygen supplementation.
91. The student will describe evaluation methods to determine effectiveness of interventions for oxygenation.
92. The student will identify safety precautions needed with oxygen use.
93. The student will identify teaching needed to maintain optimum oxygenation.

The student will identify safe medication administration.

94. The student will identify the six rights of medication administration.
95. The student will identify how to assess a client’s IV site, flow rate and fluid intake.
96. The student will identify the various methods for providing client medication.
97. The student will identify role of LPN in following doctor’s order pertaining to medication.

ASSESSMENT OF LEARNER OUTCOMES:
Assessment methods include, but may not be limited to: written tests, laboratory practicals, homework assignments and observation of professional behavior. Laboratory practicals will be pass/fail.
The classroom grading scale is as follows:

A  90% - 100%
B  82% - 89%
C  76% - 81%
D  65% - 75%
F   0%  - 64%

The course grade is determined by rounding from the tenth decimal place only.

Students are required to make at least a “C” in all required courses. Students earning a “D” or below must repeat both the didactic and clinical components for the course.

SPECIAL NOTES:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center at (913) 288-7670.

All enrolled students at Kansas City Kansas Community College are subject to follow all rules, conditions, policies and procedures as described in both the Student Code of Conduct as well as the Student Handbook. All Students are expected to review both of these documents and to understand their responsibilities with regard to academic conduct and policies. The Student Code of Conduct and the Student Handbook can be found at:
