SYLLABUS

DATE OF LAST REVIEW: 12/2015
CIP CODE: 51.3901
SEMESTER: Departmental Syllabus
COURSE TITLE: KSPN Foundations of Nursing - Clinical
COURSE NUMBER: KSPN0104
CREDIT HOURS: 2
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
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KCKCC issued email accounts are the official means for electronically communicating with our students.

REQUIRED TEXT AND MATERIALS:
Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:
This course explores the art of science of nursing in this clinical course. Emphasis is placed on the nursing process, cultural and spiritual awareness, communication, data collection, performance of basic nursing skills, and documentation. Principles of safe medication administration are introduced.

METHOD OF INSTRUCTION:
A variety of instructional methods may be used depending on content area. These include, but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, learning experiences, and performances outside the classroom. Methodology will be selected to best meet student needs.
COURSE OUTLINE:

I. Professional Behavior
   A. Confidentiality
   B. Appropriate attire
   C. Timeliness
   D. Equipment and material
   E. Respect of others
   F. Team Member
   G. Scope of Practice
   H. Professional Organization

II. Communication Skills
   A. Report changes in client condition
   B. Nursing Report
   C. Medical terminology
   D. Collaboration with interdisciplinary team
   E. Rapport with client
   F. Legal guidelines when charting

III. Nursing Process for Safe Care
   A. Physical examination
      1. Inspection
      2. Auscultation
      3. Palpation
      4. Percussion
   B. Subjective assessment data
   C. Objective assessment data
   D. Develop plan of care
   E. Implement plan of care
   F. Communicate rationale
   G. Evaluate plan of care
   H. Modify plan of care

IV. Caring for a client through the life span
   A. Biological response to illness
   B. Psychosocial principles
   C. Spiritual principles
   D. Cultural

V. Safety
   A. Safety procedures
   B. Safety hazards
   C. Client restraint and safety devices
   D. Potential risks
E. Identification procedures
F. Hazardous and infectious material
G. Home safety
H. Disaster plan
I. Universal precautions
J. Safe use of equipment
K. Proper use of client restraints and safety devices

VI. Nutrition and Hydration
A. Calorie, nutrient and hydration needs
B. Barriers to adequate nutrient and hydration
C. Enhance nutrient and hydration status
D. Cultural and/or religious practices on nutrition and hydration
E. Alternate methods of nutrition
F. Nursing process
G. Assistive feeding
H. Signs and symptoms of acid-base electrolyte imbalance

VII. Activity
A. Alignment
B. Transfer Position techniques
C. Nursing process

VIII. Comfort and Sleep
A. Nursing Process
B. Interventions for pain
C. Evaluation methods
D. Barriers to sleep
E. Nursing interventions to promote sleep

IX. Elimination
A. Promote bowel and bladder functions
B. Barriers to bowel and bladder functions
C. Signs and symptoms of altered bowel and bladder functions
D. Evaluate interventions to restore functions

X. Hygiene
A. Nursing Process
B. Teach personal hygiene
C. Promote client hygiene

XI. Oxygenation
A. Nursing Process
B. Intervention to improve oxygenation
C. Methods of oxygen supplementation
D. Evaluation of oxygenation supplementation
E. Teaching needs
F. Safety precautions

XII. Medication administration
   A. Drug dosage calculation
   B. Six rights medication administration
   C. Assess IV sites
   D. Medication charges

EXPECTED LEARNER OUTCOMES:
Upon successful completion of the course, on written and/or practical examination:
   A. The student will exhibit professional behavior.
   B. The student will utilize communication skills.
   C. The student will utilize the nursing process to deliver safe nursing care.
   D. The student will apply biological, cultural, spiritual, and psychosocial principles when caring for a client through lifespan.
   E. The student will demonstrate the standards of nursing care related to safety of clients throughout the lifespan.
   F. The student will demonstrate the standards of nursing care related to nutrition and hydration of clients throughout the lifespan.
   G. The student will demonstrate the standards of nursing care related to exercise and activity of clients throughout the lifespan.
   H. The student will demonstrate the standards of nursing care related to comfort and sleep of clients throughout lifespan.
   I. The student will demonstrate the standards of nursing care related to elimination needs of clients throughout the lifespan.
   J. The student will demonstrate standards of nursing care related to hygiene of clients throughout the lifespan.
   K. The student will demonstrate the standards of nursing care related to oxygenation of clients throughout the lifespan.
   L. The student will demonstrate safe medication administration.

COURSE COMPETENCIES:

_The student will exhibit professional behavior._
1. The student will maintain professional confidentiality.
2. The student will dress appropriately.
3. The student will call if absent or tardy.
4. The student is prepared for clinical with equipment and materials.
5. The student is respectful of others.
6. The student will participate as a team member.
7. The student will practice with the Practice Nurse Scope of Practice.
8. The student will participate in student/professional organization.
9. The student will apply legal and ethical concepts in the health care setting.

_The student will utilize communication skills._
10. The student will report changes in client condition.
11. The student will give a report prior to leaving client area.
12. The student will use appropriate medical terminology.
13. The student will show respect and collaboration with the interdisciplinary team.
14. The student will develop a rapport with clients.
15. The student will follow legal guidelines when recording in medical records.

The student will utilize the nursing process to deliver safe nursing care.
16. The student will perform nursing physical examination.
17. The student will perform aspects of client’s physical exam including inspection, auscultation, palpation, and percussion.
18. The student will identify subjective assessment data.
19. The student will identify objective assessment data.
20. The student will select a nursing diagnosis based on assessment data.
21. The student will develop a plan of care based on assessment data and nursing diagnosis.
22. The student implements the plan of care.
23. The student will communicate rationale for the plan of care developed.
24. The student will evaluate the plan of care.
25. The student will modify the plan of care.

The student will apply biological, cultural, spiritual, and psychosocial principles when caring for a client through the lifespan.
26. The student will respond with a biological response to illness or therapeutic treatments.
27. The student will respond to the psychosocial needs of the client.
28. The student will respond to the influence of spiritual beliefs.
29. The student will respond to the cultural needs of the client.

The student will demonstrate the standards of nursing care related to safety of clients throughout the lifespan.
30. The student will identify the safety procedures for facilities (fire, tornado, and intruder).
31. The student will identify the potential safety hazards to protect clients from accidents, errors and injury.
32. The student will identify client safety methods, bed alarms, ID bands, call lights.
33. The student will use the nursing process to identify potential risk to client safety.
34. The student will use identification procedures prior to nursing intervention.
35. The student will use the facility policies and procedures to handle hazardous and/or infectious materials.
36. The student will use the nursing process to promote safety in the client’s home.
37. The student will identify nurse’s role as part of the internal/external disaster plan team.
38. The student will use proper asepsis standard precautions in nursing interventions.
39. The student will safely use equipment used in client care.
40. The student will properly use client restraints and safety devices.

The student will demonstrate the standards of nursing care related to nutrition and hydration of clients throughout the lifespan.
41. The student will identify calorie, nutrient and hydration needs across the lifespan.
42. The student will identify barriers to adequate nutrition and hydration.
43. The student will identify ways to enhance nutrition and hydration status.
44. The student will identify cultural and/or religious practices which affect nutrition and hydration.
45. The student will identify alternate methods of providing nutrition and hydration.
46. The student will use the nursing process to identify nutrition and hydration needs.
47. The student will identify safe techniques to assist with feeding and providing fluids.
48. The student will identify S/S of hydration imbalance including acid-base and electrolytes.

*The student will demonstrate the standards of nursing care related to exercise and activity of clients throughout the lifespan.*

49. The student will demonstrate the standards of nursing care related to exercise and activity of clients throughout the lifespan.
50. The student will apply proper ergonomics, alignment, and position changes for clients and self.
51. The student will apply safe transfer techniques for clients with altered mobility.
52. The student will apply the nursing process for the client with exercise and activity needs.

*The student will demonstrate the standards of nursing care related to comfort and sleep of clients throughout the lifespan.*

53. The student will identify the factors to promote bowel and bladder function.
54. The student will identify the barriers to normal bowel and bladder function (ostomy).
55. The student will use the nursing process to identify signs and symptoms of altered bowel and bladder function.
56. The student will identify procedures and/or equipment used to facilitate bladder and bowel function.
57. The student will evaluate the interventions to restore normal bladder and bowel function.

*The student will demonstrate standards of nursing care related to hygiene of clients throughout the lifespan.*

58. The student will use the nursing process to identify client’s need for hygiene.
59. The student will teach about methods to provide personal hygiene.
60. The student will provide teaching needs to promote client hygiene.

*The student will demonstrate standards of nursing care related to oxygenation of clients throughout the lifespan.*

61. The student will use the nursing process to identify the need for client oxygenation.
62. The student will identify interventions to improve oxygenation.
67. The student will identify methods of oxygen supplementation.
68. The student will describe the evaluation methods to determine effectiveness of interventions for oxygenation.
69. The student will identify the teaching needed to maintain optimum oxygenation.
70. The student will use the safety precautions needed with oxygen usage. The student will demonstrate safe medication administration.
71. The student will demonstrate accurate drug dosage calculation.
72. The student will apply the six rights of medication administration when providing client medication.
73. The student will assess client’s IV site, flow rate, and fluid intake.
74. The student will review chart regularly for medication charges.

ASSESSMENT OF LEARNER OUTCOMES:
Assessment methods include, but may not be limited to: written tests, laboratory practicals, homework assignments and observation of professional behavior. Laboratory practicals will be pass/fail.

SPECIAL NOTES:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of Academic Resource Center at (913) 288-7670.

All enrolled students at Kansas City Kansas Community College are subject to follow all rules, conditions, policies and procedures as described in both the Student Code of Conduct as well as the Student Handbook. All Students are expected to review both of these documents and to understand their responsibilities with regard to academic conduct and policies. The Student Code of Conduct and the Student Handbook can be found at:
