SYLLABUS

DATE OF LAST REVIEW: 12/2015
CIP CODE: 51.3901
SEMESTER: Departmental Syllabus
COURSE TITLE: KSPN Gerontology Nursing
COURSE NUMBER: KSPN0128
CREDIT HOURS: 2
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
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KCKCC issued email accounts are the official means for electronically communicating with our students.

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION: This course is designed to explore issues related to the aging adult using the nursing process as the organizing framework. Also discussed are the impact of ageism, alterations in physiological and psychosocial functioning, and the role of the practical nurse in caring for older adult clients.

METHOD OF INSTRUCTION: This course will be offered on-line/on-ground. A variety of instructional methods may be used depending on content area. These include, but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, learning experiences, and performances outside the classroom. Methodology will be selected to best meet student needs.
COURSE OUTLINE:

I. Impact of Ageism
   A. Personal and social attitudes
   B. Ageism
   C. Elder Abuse
   D. Major economic concerns
   E. Family Dynamics

II. Alterations in Physiological and Psychosocial Functions
   A. Integumentary changes
   B. Musculoskeletal changes
   C. Respiratory changes
   D. Cardiovascular changes
   E. Hematologic and lymphatic changes
   F. Gastrointestinal changes
   G. Urinary changes
   H. Nervous system changes
   I. Special senses changes
   J. Endocrine changes
   K. Reproductive and genitourinary changes
   L. Cognitive-perceptual functioning changes
   M. Self-perception and self-concept of the aging populations
   N. Roles and relationships
   O. Coping and stress strategies
   P. Common values and beliefs in older adults
   Q. End-of-life care
   R. Sexuality
   S. Aging family

III. Palliative, Restorative and Rehabilitative Care
   A. Definitions
   B. Nutritional fluid needs
   C. Aging skin and mucous membrane
   D. Elimination needs
   E. Activity and exercise needs
   F. Sleep and rest needs

IV. Role of Practice Nurse in the Geriatric Setting
   A. Roles
   B. Scope of Practice
   C. Nursing process

V. Methods of Health Promotion and Disease Prevention in the Ageing
   A. Factors that affect health promotion and prevention
   B. Communications
   C. Nutrition
D. Medications
E. Health Assessment
F. Safety Needs

VI. Legal and Ethical Issues Pertaining to the Aging Adult
A. Advance directives
B. Patient’s rights
C. Standards of practice/Nurse Practice Act
D. Patient advocate
E. Reporting elder abuse

VII. Apply biological, psychosocial, spiritual and cultural principles
A. Biological needs for an aging client
B. Psychosocial needs for an aging client
C. Spiritual beliefs of the aging client
D. Cultural beliefs for the aging client

EXPECTED LEARNER OUTCOMES:
Upon successful completion of the course, on written and/or practical examination:
A. The student will examine the impact of ageism.
B. The student will identify alterations in physiological and psychosocial functioning.
C. The student will differentiate among palliative, restorative and rehabilitative care.
D. The student will express the role of the practical nurse in the geriatric setting.
E. The student will explore methods of health promotion and disease prevention in the aging population.
F. The student will explore legal and ethical issues pertaining to the aging adult.
G. The student will apply biological, psychosocial, spiritual, and cultural principles.

COURSE COMPETENCIES:
The student will examine the impact of ageism.
1. The student will identify personal and social attitudes.
2. The student will define ageism.
3. The student will identify elder abuse.
4. The student will describe major economic concerns.
5. The student will describe changes in family dynamics.

The students will identify alterations in physiological and psychosocial functioning.
6. The student will identify integumentary changes.
7. The student will identify musculoskeletal changes.
8. The student will identify respiratory changes.
9. The student will identify cardiovascular changes.
10. The student will identify hematologic and lymph changes.
11. The student will identify gastrointestinal changes.
12. The student will identify urinary changes.
13. The student will identify nervous system changes.
14. The student will identify special senses changes.
15. The student will identify endocrine changes.
16. The student will identify reproduction and genitourinary changes.
17. The student will identify cognitive-perceptual functioning changes.
18. The student will identify self-perception and self-concept of the aging populations.
19. The student will identify the roles and relationships of the aging populations.
20. The student will identify coping and stress strategies.
21. The student will identify common values and beliefs in older adults.
22. The student will identify end-of-life care.
23. The student will identify factors that affect sexuality of older adults.
24. The student will identify factors that affect the aging family.

*The student will differentiate among palliative, restorative and rehabilitative care.*
25. The student will define palliative, restorative and rehabilitative care.
26. The student will identify nutritional fluid needs.
27. The student will identify care of aging skin and mucous membranes.
28. The student will identify elimination needs.
29. The student will identify activity and exercise needs.
30. The student will identify sleep and rest needs.

*The student will express the role of the practical nurse in the geriatric setting.*
31. The student will define the role of the practical nurse in the geriatric setting.
32. The student will identify the scope of practice of the practical nurse in the geriatric setting.
33. The student will apply the nursing process to the geriatric client.

*The student will explore methods of health promotion and disease prevention in the aging population.*
34. The student will identify factors that affect health promotion and prevention.
35. The student will identify factors that affect communicating with older adults.
36. The student will identify factors that affect nutrition in older adults.
37. The student will identify factors that affect medications with older adults.
38. The student will describe health assessment of the older adult.
39. The student will identify safety needs of the older adult.

*The student will explore legal and ethical issues pertaining to the aging adult.*
40. The student will identify the purpose of advance directives.
41. The student will identify patient’s rights.
42. The student will identify the standards of practice as outline in the Nurse Practice Act.
43. The student will describe the role of the practical nurse as a patient advocate.
44. The student will describe the legal requirements reporting elder abuse.

*The student will apply biological, psychosocial, spiritual, and cultural principles.*
45. The student will consider the biological needs of care for an aging client.
46. The student will consider the psychosocial needs of care for an aging client.
47. The student will consider the spiritual beliefs of the aging client.
48. The student will consider the cultural beliefs of the aging client.
ASSESSMENT OF LEARNER OUTCOMES:
Assessment methods include, but may not be limited to: written tests, laboratory practicals, homework assignments and observation of professional behavior. Laboratory practicals and the comprehensive written final exam will be pass/fail. Homework assignments will be given a 10% deduction for each class period they are late.

The classroom grading scale is as follows:

- **A**: 90% - 100%
- **B**: 82% - 89%
- **C**: 76% - 81%
- **D**: 65% - 75%
- **F**: 0% - 64%

The course grade is determined by rounding from the tenth decimal place only.

Students are required to make at least a “C” in all required courses. Students earning a “D” or below must repeat the course.

SPECIAL NOTES:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center at (913) 288-7670.

All enrolled students at Kansas City Kansas Community College are subject to follow all rules, conditions, policies and procedures as described in both the Student Code of Conduct as well as the Student Handbook. All Students are expected to review both of these documents and to
understand their responsibilities with regard to academic conduct and policies. The Student Code of Conduct and the Student Handbook can be found at: