SYLLABUS

DATE OF LAST REVIEW: 12/2015
CIP CODE: 51.3901
SEMESTER: Departmental Syllabus
COURSE TITLE: KSPN Mental Health Nursing
COURSE NUMBER: KSPN0130
CREDIT HOURS: 2
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
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KCKCC issued email accounts are the official means for electronically communicating with our students.

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:
This course explores basic concepts and trends in mental health nursing. Therapeutic modalities and client behavior management are discussed. Emphasis is placed on using the nursing process and meeting the basic human needs of the mental health client.

METHOD OF INSTRUCTION:
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, learning experiences, and performances outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
I. Concepts of Mental Health, Wellness and Illness
   A. Mental Health vs. Wellness
II. Explore Nursing Care for Clients with Behavior Management Needs
   A. Identify Common Behavior Management Techniques
   B. Implement Behavior Management Techniques
   C. Response to Behavior Management Techniques
   D. Nursing Process
   E. Exhibit Professional Behavior
   F. Effective Communication Skills
   G. Apply Biological, Psychosocial, Spiritual and Cultural Principles

III. Adapt Therapeutic Communication to the Mental Health Client
   A. Personal Factors That Influence Ability to Communicate
   B. Principles of Distance and Space
   C. Assertive Communications
   D. Interview Process
   E. Communication Level of Client
   F. Respect for Confidentiality
   G. Disturbances in Communication

IV. Nursing Care for Clients Experiencing End of Life, Grief and Loss Issues
   A. Grieving responses/Nursing Interventions
   B. Therapeutic Communication
   C. Plan of Care
   D. Adapt Communication
   E. Nursing Process
   F. Exhibit Professional Behavior
   G. Effective Communication Skills
   H. Apply Biological, Psychosocial, Spiritual and Cultural Principles

V. Explore Nursing Care for Clients with Common Mental Health Needs
   A. Affective Disorder
   B. Mood Disorders
   C. Thought Disorders
   D. Nursing Process
   E. Exhibit Professional Behavior
   F. Effective Communication Skills
   G. Apply Biological, Psychosocial, Spiritual and Cultural Principles

VI. Nursing Care for Clients Experiencing Abuse, Neglect or Chemical Dependency
   A. Emotional and Behavioral Reactions
   B. Emotional Abuse
   C. Chemical Abuse
   D. Neglect
   E. Community Resources
F. Nursing Process  
G. Exhibit Professional Behavior  
H. Effective Communication Skills  
I. Apply Biological, Psychosocial, Spiritual and Cultural Principles  

VII. Therapeutic Modalities  
A. Modalities  
B. Multiple Modalities for Treatment  
C. Pharmacological Therapy  
D. Nursing Process  
E. Exhibit Professional Behavior  
F. Effective Communication Skills  
G. Apply Biological, Psychosocial, Spiritual and Cultural Principles  

EXPECTED LEARNER OUTCOMES:  
Upon successful completion of the course, on written and/or practical examination:  
A. The student will explore the concepts of mental health, wellness and illness.  
B. The student will explore nursing care for clients with behavior management needs.  
C. The student will adapt therapeutic communication to the mental health client.  
D. The student will explore nursing care for clients experiencing with end of life, grief and loss issues.  
E. The student will explore nursing care for clients with common mental health needs.  
F. The student will identify nursing care for clients experiencing abuse, neglect or chemical dependency.  
G. The student will investigate therapeutic modalities.  

COURSE COMPETENCIES:  
The student will explore the concepts of mental health, wellness and illness.  
1. The student will define differences of mental illness versus wellness.  
2. The student will differentiate between effective and ineffective coping behaviors.  
3. The student will identify ways to manage stress.  

The student will explore nursing care for clients with behavior management needs.  
4. The student will identify common behavior management techniques.  
5. The student will implement the behavior management technique.  
6. The student will evaluate the response to behavior management technique.  
7. The student will use the nursing process.  
8. The student will exhibit professional behavior.  
9. The student will use effective communication skills.  
10. The student will apply biological, psychosocial, spiritual and cultural principles of nursing care.
The student will adapt therapeutic communication to the mental health client.

11. The student will analyze own personal factors that influence ability to communicate effectively.
12. The student will apply principles of distance and space.
13. The student will demonstrate assertive communications.
14. The student will use steps of the interview process.
15. The student will adapt communication to level of client.
16. The student will demonstrate respect for confidentiality.
17. The student will recognize how disturbances in communication impair assessment.

The student will explore nursing care for clients experiencing with end of life, grief and loss issues.

18. The student will compare grieving responses and possible nursing interventions for clients across the lifespan.
19. The student will utilize therapeutic communication.
20. The student will develop strategies for developing a plan of care for the grieving client.
21. The student will adapt communication to the grieving client.
22. The student will use the nursing process.
23. The student will exhibit professional behavior.
24. The student will use effective communication skills.
25. The student will apply biological, psychosocial, spiritual, and cultural principles of nursing care.

The student will explore nursing care for clients with common mental health needs.

26. The student will identify nursing care plan needs for a client with an affective disorder.
27. The student will identify nursing care plan needs for a client with mood disorders.
28. The student will identify nursing care plan needs for a client with thought disorders.
29. The student will use the nursing process.
30. The student will exhibit professional behavior.
31. The student will use effective communication skills.
32. The student will apply biological, psychosocial, spiritual, and cultural principles of nursing care.

The student will identify nursing care for clients experiencing abuse, neglect, or chemical dependency.

33. The student will describe emotional and behavioral reactions related to chemical abuse.
34. The student will identify the care plan needs of a client with emotional abuse.
35. The student will identify the care plan needs of a client with physical abuse.
36. The student will identify the care plan needs of a client with chemical abuse.
37. The student will identify the care plan needs of a client experiencing neglect.
38. The student will identify community resources for clients.
39. The student will use the nursing process.
40. The student will exhibit professional behavior.
41. The student will use effective communication skills.
42. The student will apply biological, psychosocial, spiritual, and cultural principles of nursing.

_The student will investigate therapeutic modalities._

43. The student will identify the variety of modalities.
44. The student will describe the need for multiple modalities for treatment.
45. The student will identify the pharmacological therapy in the care of clients with alterations in mental health.
46. The student will use the nursing process.
47. The student will exhibit professional behavior.
48. The student will use effective communication skills.
49. The student will apply biological, psychosocial, spiritual and cultural principles of nursing care.

**ASSESSMENT OF LEARNER OUTCOMES:**
Assessment methods include, but may not be limited to: written tests, laboratory practicals, homework assignments and observation of professional behavior.

The classroom grading scale is as follows:

- A  90% - 100%
- B  82% - 89%
- C  76% - 81%
- D  65% - 75%
- F  0% - 64%

The course grade is determined by rounding from the tenth decimal place only.

Students are required to make at least a “C” in all required courses. Students earning a “D” or below must repeat the course.

**SPECIAL NOTES:**
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed
to providing a multicultural education and environment that reflects and respects diversity and
that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as
well as serving as an equal opportunity employer for all personnel. Various laws, including Title
IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination
be administered without regard to race, color, age, sex, religion, national origin, physical
handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If
you need accommodations due to a documented disability, please contact the Director of the
Academic Resource Center at (913) 288-7670.

All enrolled students at Kansas City Kansas Community College are subject to follow all rules,
conditions, policies and procedures as described in both the Student Code of Conduct as well as
the Student Handbook. All Students are expected to review both of these documents and to
understand their responsibilities with regard to academic conduct and policies. The Student Code
of Conduct and the Student Handbook can be found at:
