DATE OF LAST REVIEW: 02/2013
CIP CODE: 12.0410
SEMESTER: Departmental Syllabus
COURSE TITLE: Manicuring Skills
COURSE NUMBER: NAIL0105
CREDIT HOURS: 3
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
TELEPHONE: Departmental Syllabus
EMAIL: KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: NAIL0101

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION: This course will provide the student with an understanding of the purpose and effect of manicures and pedicures as well as a working knowledge of the equipment, implements, supplies and products used in the performance of professional manicures and pedicures. The student will also be instructed in the proper preparation and procedures involved in performing basic manicures, reconditioning treatments, repair techniques, hand and arm massage, foot and leg massage and application of polish. The student will perform a minimum of 25 manicures and 10 pedicures.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These may include but are not limited to lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
I. Manicure essentials
   A. Hand and arm massage
   B. Manicure products
   C. Manicure implements
   D. Manicure supplies
   E. Manicure equipment
II. Basic manicure
    A. Basic manicure preparation
    B. Basic manicure procedure
C. Basic manicure finishing techniques
D. Advanced manicure techniques

III. Pedicure essentials
A. Foot and leg massage
B. Pedicure products
C. Pedicure implements
D. Pedicure supplies
E. Pedicure equipment

IV. Basic pedicure
A. Basic pedicure preparation
B. Basic pedicure procedure
C. Basic pedicure finishing techniques
D. Advanced pedicure techniques

EXPECTED LEARNER OUTCOMES:
A. Understand and describe the five basic movements of massage for the basic manicure and pedicure.
B. Identify the factors that make performing massage manipulations inadvisable in a manicure and pedicure.
C. Identify and describe the functions of manicure products, implements, supplies and equipment.
D. Demonstrate the procedure for the basic natural nail manicure.
E. Demonstrate the procedure for advanced manicure techniques.
F. Identify and describe the functions of pedicure products, implements, supplies and equipment.
G. Demonstrate the procedure for the basic pedicure.
H. Demonstrate the procedure for advanced pedicure techniques.

COURSE COMPETENCIES:

Understand and describe the five basic movements of massage for the basic manicure and pedicure.
1. The learner will define “massage” and understand the benefits of massage.
2. The learner will describe and demonstrate effleurage, petrissage, friction, tapotement and vibration.

Identify the factors that make performing massage manipulations inadvisable in a manicure and pedicure.
3. The learner will describe and recognize the skin conditions that make performing massage inadvisable.
4. The learner will name the physical conditions that make performing massage inadvisable.
5. The learner will understand and recognize the conditions that require caution and/or special care when performing massage.

Identify and describe the functions of manicure products, implements, supplies and equipment.
6. The learner will identify and understand the function of liquid soap, antiseptic sanitizer, polish remover, cuticle remover, cuticle conditioner, nail bleach, moisturizing lotion or cream, nail preparation solution, base coat, nail strengthener, colored polish, top coat and speed dry.
7. The learner will identify and understand the function of nail clippers, nail files, emery boards, glass files, metal files, diamond files, cuticle pushers, cuticle nippers, nail brushes and buffers.
8. The learner will identify and understand the function of towels, cotton or lint-free nail wipes, cosmetic spatulas and orangewood sticks.
9. The learner will identify and understand the function of the manicure table, table lamp, glass container, disinfection container, finger bowl, client cushion, technician chair and client chair.

Demonstrate the procedure for the basic manicure.
10. The learner will describe and demonstrate customer greeting, client consultation and analysis, and professional recommendation.
11. The learner will describe and demonstrate basic manicure set up and sanitation.
12. The learner will describe and demonstrate the five basic nail shapes.
13. The learner will describe and demonstrate cuticle care.
14. The learner will describe and demonstrate hand and arm massage.  
15. The learner will describe and demonstrate polish application

*Demonstrate the procedure for advanced manicure techniques.*

16. The learner will describe and demonstrate the French manicure.  
17. The learner will describe and demonstrate the male manicure.  
18. The learner will describe and demonstrate the children’s manicure.

*Identify and describe the functions of pedicure products, implements, supplies and equipment.*

19. The learner will identify and understand the function of antiseptic foot spray, foot soak, exfoliant and massage oil or lotion.  
20. The learner will identify and understand the function of curette, nail rasp, foot file and toenail nippers.  
21. The learner will identify and understand the function of toe separators and pedicure slippers.  
22. The learner will identify and understand the function of pedicure basin or bath and spa pedicure throne.

*Demonstrate the procedure for the basic pedicure.*

23. The learner will describe and demonstrate basic pedicure set up and sanitation.  
24. The learner will describe and demonstrate correct toenail shaping.  
25. The learner will describe and demonstrate exfoliation.  
26. The learner will describe and demonstrate foot and leg massage.

*Demonstrate the procedure for the advanced pedicure.*

27. The learner will describe and demonstrate proper care, cleaning and sanitation procedures for the spa pedicure throne.  
28. The learner will describe and demonstrate the male pedicure.  
29. The learner will describe and demonstrate the children’s pedicure.

**ASSESSMENT OF LEARNER OUTCOMES:**
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, class participation, and attendance.

**SPECIAL NOTES:**
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

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