SYLLABUS

DATE OF LAST REVIEW: 02/2013
CIP CODE: 51.1699
SEMESTER: Departmental Syllabus
COURSE TITLE: Orientation to Nursing
COURSE NUMBER: NURS0100
CREDIT HOURS: 2
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
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*KCKCC issued email accounts are the official means for electronically communicating with our students.*

PREREQUISITES: Departmental Syllabus

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, [http://www.kckccbookstore.com/](http://www.kckccbookstore.com/), for the required texts for your particular class.

COURSE DESCRIPTION:
This course is designed to help the student recognize personal strengths and support systems that will contribute to the student’s success. Study skills, test taking skills and time management skills are discussed and evaluated as an essential component for the nursing program. Stress reduction techniques are explored along with identifying the various college resources available throughout the nursing program. The student is introduced to language and math skills necessary for the nursing program and introduced to foundations of medical and nursing terminology. Introduction to the nursing process is presented.

METHOD OF INSTRUCTION:
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, class discussion, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, journaling and learning experiences outside the classroom. Methodology will be selected to best meet student needs.
COURSE OUTLINE:
I. Assessment of Personal Strengths and Weaknesses
   A. Learning to Learn
      1. Helpful Study Habits
         a. Individual Work
         b. Group Work
   B. Effective Test Taking
      1. Test Taking Skills
      2. Types of Test Questions
   C. Support Systems
      1. Campus Community
         a. Educational Resource Center (ERC)
         b. Student Services
         c. College Nurse
         d. Women’s Resource Center
         e. Career Planning Center
         f. Wyandotte County Regional Prevention Center
         g. Faculty
         h. Student Nurse Association
      2. Community Resources
         a. Wyandotte Mental Health Center
         b. Family Services
      3. Family
   D. Math Skills
      1. Basic Math
      2. Introduction to Simple Drug Calculations
II. Historical Aspects of Nursing and Building Strong Foundations for Success
   A. Professional Nursing
      1. History Highlights
      2. Levels of Entry into Nursing
      3. Scope of Practice
   B. Stress Reduction
      1. Identify Personal Anxieties
      2. Time Management
      3. Exercise
      4. Simple Releases for Anxieties
      5. Support Systems
   C. Time Management Specifics
      1. Goal Setting
      2. Prioritizing
      3. Work and School
      4. Problem Solving Method
III. Nursing Basics: Concepts, Practice and Process
   A. Communication Basics
      1. Levels of Communication
      2. Communication Process
      3. Modes of Communication
   B. Medical Terminology Basics
      1. Prefixes
2. Suffixes
3. Abbreviations
4. Body System Words

C. Nursing Practice
1. Professional Standards for Nursing Practice
2. Nursing Diagnosis, NANDA
3. Nursing Process

D. Nursing curriculum at Kansas City Kansas Community College
1. Course Sequencing
2. Nursing Laboratory and Simulated Experiences

EXPECTED LEARNER OUTCOMES:
A. The student will be able to recognize learning styles.
B. The student will be able to identify test taking techniques to improve test results.
C. The student will be able to identify the nursing support systems available.
D. The student will be able to calculate simple drug dosages.
E. The student will be able to identify key historical figures in nursing history.
F. The student will be able to evaluate personal time management techniques.
G. The student will be able to discuss basic forms of communication.
H. The student will be able to evaluate their time management techniques.
I. The student will be able to identify stress reduction techniques.
J. The student will be able to define medical terminology words.
K. The student will be able to begin critical thinking processes in nursing.
L. The student will be able to list qualities necessary to be a nurse.
M. The student will be able to give a definition of nursing.

COURSE COMPETENCIES:

_The student will be able to recognize learning styles._

1. The student will be able to identify own learning style.

_The student will be able to identify test taking techniques to improve test results._

2. The student will be able to identify 2 test taking techniques to improve test results.
3. The student will be able to practice 2 test taking techniques to improve test results.

_The student will be able to identify the nursing support systems available._

4. The student will be able to identify 3 college/community support systems available.
5. The student will be able to perform 75% of mathematical calculations related to medication math.

_The student will be able to identify key historical figures in nursing history._

6. The student will be able to identify 3 key historical figures in nursing.

_The student will be able to evaluate personal time management techniques._

7. The student will be able to describe the concept of time management.
8. The student will be able to evaluate own time management techniques.

_The student will be able to identify stress reduction techniques._

9. The student will be able to identify stress reduction techniques.
10. The student will be able to practice stress reduction techniques.
The student will be able to discuss basic forms of communication.
11. The student will be able to describe 2 kinds of communication.
12. The student will be able to practice effective communication.
13. The student will be able to identify ineffective forms of communication.

The student will be able to define medical terminology words.
14. The student will be able to utilize four medical terminology words correctly.
15. The student will be able to translate a medical scenario correctly.

The student will be able to begin critical thinking processes in nursing.
16. The student will be able to define critical thinking.

The student will be able to list qualities necessary to be a nurse.
17. The student will be able to describe the qualities needed to be a nurse.

The student will be able to give a definition of nursing.
18. The student will be able to define the term nursing.

The student will be able to identify the steps of the nursing process.
19. The student will be able to list the steps of the Nursing Process.

Identify the relevance of the Kansas Nurse Practice Act.
20. The student will be able to locate the Kansas Nurse Practice Act.

ASSESSMENT OF LEARNER OUTCOMES:
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

SPECIAL NOTES:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center at 913-288-7670.