SYLLABUS

DATE OF LAST REVIEW: 02/2013

CIP CODE: 51.1601

SEMESTER: Departmental Syllabus

COURSE TITLE: Foundations of Nursing Care I

COURSE NUMBER: NURS0122

CREDIT HOURS: 3

INSTRUCTOR(S): Departmental Syllabus

OFFICE LOCATION: Departmental Syllabus

OFFICE HOURS: Departmental Syllabus

TELEPHONE: Departmental Syllabus

EMAIL: Departmental Syllabus

KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: NURS0121

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC Bookstore, http://kckccbookstore.com/, for the required text.

COURSE DESCRIPTION:
This course establishes the basis for more specialized knowledge and competencies, which will become the foundation for the student’s future practice as a registered nurse. Emphasis is placed on the integrated concepts of cultural awareness, caring, health maintenance and promotion and teaching/learning. The student will interact with faculty, peers and clients as they explore communication skills and techniques and discover how they are essential to nursing practice. The student builds knowledge in order to be prepared for the dynamic changing roles, which occur in the nursing profession today. The nursing process is introduced and utilized as a systematic method to meet basic client needs. Faculty has created a learning community of diverse settings and clients where people learn together beyond the classroom. Teaching-learning activities include a variety of learning opportunities with emphasis placed on the development of student creativity and critical thinking. The student will be introduced to Nursing Interventions of the Basic Physiologic Domain, including nutrition, safety, and self-care facilitation.

METHOD OF INSTRUCTION:
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside
the classroom. Methodology will be selected to best meet student needs. Simulation experiences are included as part of the clinical and/or didactic experience.

COURSE OUTLINE:

I. Module I
   A. Developmental Concepts
   B. Cultural Context of Practice
   C. Loss, Grief and Spirituality
   D. Sensory - Perceptual Function
   E. Confusion

II. Module II
    A. Nurse-Client Relationship
    B. Coping and Stress
    C. The Nursing Professional
    D. Nursing Process

III. Module III
    A. Documentation
    B. Skin and Wounds
    C. Urinary Elimination
    D. Bowel Elimination

EXPECTED LEARNER OUTCOMES:

A. The student will integrate caring behaviors in practicing the art and science of nursing within a diverse population.
B. The student will implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.
C. The student will collaborate with clients and members of the interdisciplinary health care team to optimize client outcomes.
D. The student will adapt through the use of the nursing process the ability to think critically and make safe and effective clinical judgments incorporating evidence based practice.
E. The student will manage care and provide leadership to meet client needs using available resources and current technology.
F. The student will generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients.
G. The student will demonstrate effective communication methods to manage client needs and to interact with other health care team members.

COURSE COMPETENCIES:

The student will integrate caring behaviors in practicing the art and science of nursing within a diverse population.

1. The student will be able to identify strategies to promote health care utilizing cultural awareness.
2. The student will be able to identify cultural/spiritual factors that affect interaction between yourself needs of clients.

3. The student will identify strategies that facility is using to meet cultural/spiritual need of clients.

*The student will implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.*

4. The student will be able to implement student role according to established guidelines for professional behavior and use constructive criticism and suggestions for improving nursing practice.

5. The student will actively engage in self-directed learning and participate appropriately in pre and post conferences.

*The student will collaborate with clients and members of the interdisciplinary health care team to optimize client outcomes.*

6. The student will be able to implement care in a safe, cost-effective manner for clients in diverse settings.

7. The student will be able to work productively and stay on task during allotted clinical time.

8. The student will be able to relate pertinent information to health care team relevant to client’s current health care needs.

*The student will adapt through the use of the nursing process the ability to think critically and make safe and effective clinical judgments incorporating evidence based practice.*

9. The student will be able to discuss the impact of health/illness on the client.

10. The student will be able to discuss basic nutritional needs of clients and plan appropriate interventions by assessing clients’ nutritional and hydration status – noting excesses and deficits.

11. The student will be able to evaluate appropriate nutritional intake by utilizing the Food Guide Pyramid.

12. The student will be able to complete a basic nursing care plan on client utilizing the nursing process.

13. The student will be able to utilize assessment data to formulate appropriate nursing diagnoses and develop outcomes supported by the client’s assessment data.

14. The student will be able to complete physical assessment utilizing basic physiological data to support client health.

15. The student will be able to implement appropriate interventions and evaluate plan and revise if outcomes are not met.

*The student will manage care and provide leadership to meet client needs using available resources and current technology.*

16. The student will be able to demonstrate safety in clinical performance by utilizing appropriate techniques in positioning and the transfer of clients in a variety of settings.

17. The student will be able to use principles of medical asepsis and adhere to standard precautions.

18. The student will be able to provide nursing care that is appropriate to client’s development level to promote optimum self-care.
19. The student will be able to identify appropriate developmental tasks (from a developmental theorist and determine whether client is accomplishing these tasks).

*The student will generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients.*

20. The student will be able assess client’s learning needs based on subjective and objective data and to implement informal teaching plan based on that data.

21. The student will be able to discuss teaching and learning principles used during informal education opportunities.

*The student will demonstrate effective communication methods to manage client needs and to interact with other health care team members.*

22. The student will be able to recognize and examine therapeutic communication techniques and work toward correcting non-therapeutic techniques.

23. The student will be able to utilize effective verbal, nonverbal, and listening skills in a genuine and meaningful manner to enhance client care.

24. The student will be able to demonstrate accurate, legible, concise and complete documentation utilizing appropriate medical terminology and standard abbreviations.

**ASSESSMENT OF LEARNER OUTCOMES:**

Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

**SPECIAL NOTES:**

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome at any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center at 288-7670.