# SYLLABUS

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<th>02/2013</th>
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<tr>
<td><strong>COURSE TITLE:</strong></td>
<td>Foundations of Nursing Care II</td>
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<td><strong>COURSE NUMBER:</strong></td>
<td>NURS0123</td>
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<td><strong>INSTRUCTOR(S):</strong></td>
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*KCKCC issued email accounts are the official means for electronically communicating with our students.*

| **PREREQUISITES:**       | NURS 0122 |

| **REQUIRED TEXT AND MATERIALS:** | Please check with the KCKCC Bookstore, http://kckcebookstore.com/, for the required text. |

## COURSE DESCRIPTION:

This course is a continuation of the basis of specialized knowledge and competencies, which will become the foundation for the student’s future practice as a registered nurse. Emphasis will continue to be placed on the concepts of cultural awareness, caring, health maintenance and promotion and teaching/learning. The student will interact with faculty, peers, and clients and the health care team as they explore communication skills and techniques. The nursing process is continued to be utilized as a systematic method to meet basic client needs. Teaching-learning activities include a variety of learning opportunities with emphasis placed on the development of student creativity and critical thinking. Pharmacology and medication administration will be introduced as well as basic and complex physiologic nursing interventions.
METHOD OF INSTRUCTION:

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs. Simulation experiences are included as part of the clinical and/or didactic experience.

COURSE OUTLINE:

I. Module I
   A. Medication Management
   B. Pharmacology
   C. Sleep and Rest
   D. Pain Management

II. Module II
   A. Respiratory Function
   B. Cardiovascular Function
   C. Fluid and Electrolytes
   D. Surgical Client

III. Module III
   A. Stroke
   B. Nutrition/Feeding
   C. Restoring Nutrition

EXPECTED LEARNER OUTCOMES:

A. The student will integrate caring behaviors in practicing the art and science of nursing within a diverse population.
B. The student will implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.
C. The student will collaborate with clients and members of the interdisciplinary health care team to optimize client outcomes.
D. The student will adapt through the use of the nursing process the ability to think critically and make safe and effective clinical judgments incorporating evidence based practice.
E. The student will manage care and provide leadership to meet client needs using available resources and current technology.
F. The student will generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients.
G. The student will demonstrate effective communication methods to manage client needs and to interact with other health care team members.

COURSE COMPETENCIES:
The student will integrate caring behaviors in practicing the art and science of nursing within a diverse population.

1. The student will be able to provide care utilizing cultural awareness and caring attitudes.
2. The student will be able to identify client’s specific cultural/spiritual background and explore factors that influence the interaction between the student and client.

The student will implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.

3. The student will be able to demonstrate professional accountability according to legal and ethical standards.
4. The student will be able to demonstrate responsibility for own learning in the assumption of the nursing role and accept constructive criticism regarding own performance and skills.
5. The student will be able to implement student role and maintain a personal appearance and courteous approach which reflects respect of self, client and profession.
6. The student will be able to participate appropriately in pre- and post-conferences.
7. The student will be able to accept responsibility for actions which were based on own decisions.

The student will collaborate with clients and members of the interdisciplinary health care team to optimize client outcomes.

8. The student will be able to provide effective nursing care for a variety of clients.
9. The student will be able to demonstrate ability to evaluate and follow instructions provided by members of the health-care team and facility.
10. The student will be able to utilize basic principles of growth and development in the adult client to promote optimum self-care and growth.
11. The student will be able to identify appropriate developmental tasks (from a developmental theorist) and determine whether client is accomplishing these tasks, with rationale.
12. The student will be able to complete physical assessment utilizing basic physiological data to support client health.

The student will adapt through the use of the nursing process the ability to think critically and make safe and effective clinical judgments incorporating evidence based practice.

13. The student will be able to provide basic nursing interventions and assist with identified complex nursing interventions.
14. The student will be able to apply knowledge from nursing and supportive courses to clinical situations.
15. The student will be able to safely administer medications utilizing knowledge of pharmacological principles.
16. The student will be able to verbalize knowledge of assigned client’s diagnosis, allergies, medications, drug classifications, actions, side effects, and recommended dose for assigned clients.
17. The student will be able to demonstrate responsibility in the administration of medications including the 5 rights of medication administration and document accordingly.
18. The student will be able to utilize critical thinking in evaluating implications of medication administration.
19. The student will be able to complete a nursing care plan on assigned client utilizing critical thinking strategies to formulate appropriate NANDA diagnosis.
20. The student will be able to plan and implement appropriate interventions for assigned client.

   The student will manage care and provide leadership to meet client needs using available resources and current technology.

21. The student will be able to implement care in an organized cost effective manner based on client needs.
22. The student will be able to manage the environment to maintain and promote safety for self and others.
23. The student will be able to recognize own limitations and seek help accordingly.

   The student will generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients.

24. The student will be able to utilize basic principles of teaching/learning and interpersonal skills to guide adult individuals toward positive optimum health.
25. The student will be able to implement informal/formal teaching plan(s) that are specific to the client’s level of developmental, knowledge, and learning needs.

   The student will demonstrate effective communication methods to manage client needs and to interact with other health care team members.

26. The student will be able to utilize therapeutic communication skills and correct non-therapeutic techniques in order to support the client’s ability to cope, adapt or problem solve.
27. The student will be able to maintain boundaries of self-disclosure and professional relationships with clients and staff.
28. The student will be able to demonstrate accurate documentation and effective communication with peers, faculty and the health care team.
29. The student will be able to use correct and pertinent content to inform the nursing staff of the client’s condition prior to leaving the unit.
30. The student will be able to demonstrate in writing the ability to document information according to established guidelines.

**ASSESSMENT OF LEARNER OUTCOMES:**

Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

**SPECIAL NOTES:**

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in
evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome at any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center at 288-7670.