SYLLABUS

DATE OF LAST REVIEW: 02/2013
CIP CODE: 51.1601
SEMESTER: Departmental Syllabus
COURSE TITLE: Concept of Mental Health/Illness
COURSE NUMBER: NURS0126
CREDIT HOURS: 4
INSTRUCTORS: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
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KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: NURS0123

REQUIRED TEXT AND MATERIALS:

Please check with the KCKCC Bookstore, http://kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION:

This course provides the student with the opportunity to care for clients from childhood to late adulthood with acute or chronic mental illness. Client needs specific to psychosocial integrity and adaptation are investigated. Emphasis is placed upon promoting the client’s ability to adapt or problem solve situations related to illness or stressful events. The principles of therapeutic communication are discussed and practiced with a variety of clients. Therapeutic communication, nursing process, and critical thinking are documented in the process recording and care plans. Teaching plans specific to medications and nutrition provide the opportunity to integrate teaching/learning concepts. Caring, cultural awareness, and therapeutic communication are integrated into both didactic content and clinical experience. Documentation of these concepts is demonstrated in the clinical area and weekly required paperwork.

METHOD OF INSTRUCTION:

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects
and presentations, speeches, debates, panels, conferencing, learning experiences, and performances outside the classroom. Simulation experiences are included as part of the clinical and/or didactic experience. Methodology will be selected to best meet student needs.

COURSE OUTLINE:

I. Mental Health/Illness Concepts Part I
   A. Therapeutic Communication and Relationships
   B. The Nursing Process and Critical Thinking in Psychiatric/Mental Health Nursing
   C. Psychopharmacology
   D. Legal Aspects
   E. The Client Interview and Mental Status Assessment
   F. The Client with an Eating Disorder and Evidence Based Practice

II. Mental Health/Illness, Concepts Part II
   A. The Client with an Anxiety, and Personality Disorders
   B. The Client with a Mood Disorder

III. Mental Health/Illness, Concepts Part III
   A. Crisis Intervention
   B. Suicide
   C. Sanatoform, and Dissociative Disorder
   D. The Client Who Abuses Drugs or Alcohol
   E. The Client with a Thought Disorder
   F. The Client with a Cognitive Disorder

IV. Mental Health/Illness Concepts, Part IV
   A. Violence and Abuse within the Community
   B. The Pediatric Client
   C. Sexual and Gender Identity Disorders
   D. Community Mental Health Nursing

V. Nursing Diagnosis
   A. Risk for Other Directed Violence

EXPECTED LEARNER OUTCOMES:

A. The student will integrate caring behaviors in practicing the art and science of nursing within a diverse population
B. The student will implement professional standards and scope of practice within legal, ethical and regulatory frameworks.
C. The student will collaborate with clients and members of the interdisciplinary health care team to optimize client outcomes.
D. The student will adapt through the use of the nursing process the ability to think critically and make safe and effective clinical judgments.
E. The student will manage care and provide leadership to meet client needs using available resources and current technology.
F. The student will generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients.
G. The student will demonstrate effective communication methods to manage client needs and interact with other health care team members.
COURSE COMPETENCIES:

The student will integrate caring behaviors in practicing the art and science of nursing within a diverse population.

1. The student will be able to adapt nursing interventions to meet individual client’s mental health needs taking into consideration cultural values, beliefs and lifestyle.
2. The student will be able to demonstrate a caring attitude without imposing personal values during clinical experience.
3. The student will be able to model caring behaviors which are nurturing, compassionate and patient centered.

The student will implement professional standards and scope of practice within legal, ethical and regulatory frameworks.

4. The student will be able to demonstrate responsibility and accountability for following policies of the nursing program and clinical setting.
5. The student will be able to maintain client confidentiality during clinical experience.
6. The student will be able to demonstrate personal accountability for application of didactic content and standards of the Patient Bill of Rights, ANA Standards of Care, established Legal/Ethical practices and Standards of Psychiatric-Mental Health Clinical Nursing Practice to the clinical situation.
7. The student will be able to report errors immediately and implement corrective action.
8. The student will be able to critique self-performance; identify strengths, weaknesses, and set goals for developing professional identity.

The student will collaborate with clients and members of the interdisciplinary health care team to optimize client outcomes.

9. The student will be able to recognize need for collaboration with other disciplines and support services to achieve desired client outcomes.
10. The student will be able to function effectively within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality client care.
11. The student will be able to communicate client values, preferences and expressed needs to other members of health care team to promote human flourishing.

The student will adapt through the use of the nursing process the ability to think critically and make safe and effective clinical judgments.

12. The student will be able to support structures that maintain a safe, therapeutic environment.
13. The student will be able to utilize evidence based guidelines, and client and family input to develop a holistic plan of care.
14. The student will be able to collect necessary and pertinent data from a variety of sources to recognize client status and assess for potential complications.
15. The student will be able to integrate knowledge of lab and diagnostic tests in providing care and education to clients and families.
16. The student will be able to implement nursing actions appropriate to the psychological and physiological needs of the client.
17. The student will be able to utilize critical nursing judgment to evaluate clients’ progress toward outcomes and identify appropriate revisions to client needs.
18. The student will be able to demonstrate accurate, organized and timely administration and documentation of pharmacological therapies impacting clients.
19. The student will be able to examine indications and intended effects of pharmacological therapies impacting clients.
20. The student will be able to demonstrate effective use of technology and standardized practices that support safety and quality.
21. The nursing student will utilize high quality electronic resources and a spirit of inquiry to foster excellence in nursing care.

_The student will manage care and provide leadership to meet client needs using available resources and current technology_

22. The student will be able to manage and prioritize the care a client utilizing evidenced based guidelines.
23. The student will be able to respond appropriately to changes in client status.
24. The student will be able to prioritize nursing actions utilizing available resources to complete care and maximize learning experience in allotted time frame.
25. The student will be able to use information and technology to communicate, manage knowledge, mitigate errors, and support decision making.
26. The student will be able to demonstrate efficient effective use of human, physical, financial, and technological resources to meet client needs.
27. The student will be able to demonstrate a spirit of inquiry when planning and evaluating client care.

_The student will generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients._

28. The student will be able to use critical thinking to identify teaching/learning needs of clients.
29. The student will be able to implement teaching to promote and maintain health, reduce risk and facilitate informed decision making.
30. The student will be able to assess and document patient response to teaching/learning activity.

_The student will demonstrate effective communication methods to manage client needs and interact with other health care team members._

31. The student will be able to communicate effectively with clients and families to promote human growth.
32. The student will be able to take initiative to communicate pertinent client data to appropriate team members in a timely fashion.
33. The student will be able to chart truthfully, organize logically and follow the nursing process and complete according to institutional standards.
34. The student will be able to accurately assess own level of communication skill in encounters with clients and families.
35. The student will be able to communicate by demonstrating integrity, consistency and respect for differing views.
36. The student will be able to communicate with team members, adapting own style of communication to the needs of the team and situation.

**ASSESSMENT OF LEARNER OUTCOMES:**

Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.
SPECIAL NOTES:

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student's progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome at any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center at 913-288-7670.