SYLLABUS

DATE OF LAST REVIEW: 02/2013
CIP CODE: 51.1601
SEMESTER: Departmental Syllabus
COURSE TITLE: Health Assessment for Nurses
COURSE NUMBER: NURS0193
CREDIT HOURS: 2
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
TELEPHONE: Departmental Syllabus
EMAIL: Departmental Syllabus

KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: None

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

Materials: Penlight, measuring tape, metric ruler, percussion hammer, stethoscope with a bell and diaphragm.

COURSE DESCRIPTION:

This course is a requirement to be taken prior to or concurrent with first level nursing courses. The course will allow the student to enhance their physical assessment skills in providing care for clients of all ages and cultures. The basic techniques of inspection, palpation, percussion, and auscultation will be used to assess each body system. The student will also gain experience in history taking and documentation while developing a caring attitude.
METHOD OF INSTRUCTION:

A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs, simulations and demonstrations, projects and presentations, speeches, debates, panels, conferencing, learning experiences and performances outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:

I. Health history
   A. Types
      1. Long Form
      2. Episodic
   B. Components
      1. Biological Data
      2. Chief Complaint
      3. Present Health Status
      4. Current Health Data
      5. Past Health Status
      6. Family History
      7. Review of Systems
   C. Documentation

II. Physical Assessment
   A. Techniques
      1. Inspection
      2. Palpation
      3. Percussion
      4. Auscultation
   B. Equipment Needed
      1. Flashlight or Pen Light
      2. Stethoscope
      3. Gloves
      4. Ophthalmoscope
      5. Otoscope
      6. Reflex/Percussion Hammer
      7. Tape Measure
      8. Tongue Blade
      9. Vision Chart
      10. Watch with Second Hand
   C. Systems Assessment
      1. Integumentary System
         a. Skin
         b. Hair
         c. Nails
      2. Thorax and Lungs
a. Thorax Configuration  
b. Respirations  
3. Cardiovascular  
a. Heart  
b. Peripheral Vascular  
4. Abdominal  
a. Abdomen  
b. Bladder  
5. Head  
a. Eyes  
b. Oropharynx  
c. Ears  
d. Nose  
e. Head and Neck  
1) Head  
2) Lymph Nodes  
3) Trachea  
6. Musculoskeletal  
a. Muscles  
b. Bones  
c. Joints  
7. Neurological  
a. Level of Consciousness  
b. Cranial Nerves  
c. Deep Tendon Reflexes  
d. Motor Skills and Function  
e. Sensory Function  
8. Breast  
9. Genitalia  
a. Male  
b. Female  
D. Documentation  
1. Flow Sheet  
2. Narrative  

**EXPECTED LEARNER OUTCOMES:**

A. The student will integrate caring behaviors when identifying adaptations required for age, gender, or culturally diverse clients while conducting a comprehensive health assessment.  
B. The student will implement professional standards and ethical behaviors while conducting a comprehensive health assessment.  
C. The student will describe the purpose of physical assessment as the foundation to meet client needs.  
D. The student will utilize the nursing process to safely conduct a comprehensive physical assessment.
E. The student will demonstrate a physical assessment on a client.
F. The student will generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients
G. The student will demonstrate effective communication methods and accurate documentation techniques to assemble a complete health history and documentation form on a given client.

COURSE COMPETENCIES:

_The student will integrate caring behaviors when identifying adaptations required for age, gender, or culturally diverse clients while conducting a comprehensive health assessment._

1. The student will identify adaptation required while completing a comprehensive health assessment on a diverse clientele.
2. The student will differentiate between normal and abnormal findings detected during a physical assessment on a diverse clientele.

_The student will implement professional standards and ethical behaviors while conducting a comprehensive health assessment._

3. The student will implement professional nursing standards while conducting a comprehensive physical assessment.

_The student will describe the purpose of physical assessment as the foundation to meet client needs._

4. The student will describe physical assessment as the first step in nursing practice.

_The student will utilize the nursing process to safely conduct a comprehensive physical assessment._

5. The student will provide a safe environment for a client while conducting a comprehensive physical assessment.

_The student will demonstrate a physical assessment on a client._

6. The student will employ the techniques of inspection, palpation, percussion and auscultation when performing a physical assessment.
7. The student will apply techniques used in physical assessment of the thorax and lungs.
8. The student will apply techniques used in physical assessment of the cardiovascular and peripheral vascular systems.
9. The student will apply techniques used in physical assessment of the breast.
10. The student will apply techniques used in physical assessment of the abdomen.
11. The student will apply techniques used in physical assessment of the systems in the head and neck.
12. The student will apply techniques used in physical assessment of the neurological and musculoskeletal system.
13. The student will apply techniques used in physical assessment of the integumentary system.
The student will generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients.

14. The student will identify health risks of a client while completing a pre-assessment nursing health history.

The student will demonstrate effective communication methods and accurate documentation techniques to assemble a complete health history and documentation form on a given client.

15. The student will document a pre-nursing health history on a given client.

16. The student will complete a physical assessment documentation form on a given client.

ASSESSMENT OF LEARNER OUTCOMES:

Student progress is evaluated by means that include, but are not limited to, exams, written assignments, class participation, and demonstration of physical assessment.

SPECIAL NOTES:

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

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