DATE OF LAST REVIEW: Fall 2013
CIP CODE: 51.0806
SEMESTER: Departmental Syllabus
COURSE TITLE: Clinical Skills I
COURSE NUMBER: PHTR 0165
CREDIT HOURS: 2 credit hours
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
TELEPHONE: Departmental Syllabus
EMAIL: Departmental Syllabus

KCKCC-issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: Admission to the program
Fundamental Treatment Procedures is required concurrently

REQUIRED TEXT AND MATERIALS:
Please check the KCKCC bookstore, http://www.kckccbookstore.com/ for the required texts.

COURSE DESCRIPTION:
This course is designed to prepare the student with basic skills needed to be successful in a clinical setting. Topics covered will include medical terminology, documentation, patient privacy, and culture and diversity. Laboratory instruction will include safe treatment preparation, patient positioning, vital sign monitoring and functional mobility skills (bed mobility, transfers, and gait training, etc).

METHODS OF INSTRUCTION:
A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.
COURSE OUTLINE:
I. Medical Terminology

II. Documentation
   A. SOAP format
   B. HIPPA

III. Culture and Diversity
   A. Variances of Values and Beliefs
   B. Variances in Healthcare

IV. Treatment Preparation
   A. Body mechanics
   B. Preparing the environment
   C. Preparing the patient
   D. Patient positioning
   E. Acute care lines and machines

V. Vital Signs
   A. Assessment
   B. Response to interventions
   C. Vital signs & physical symptom red flags

VI. Functional Mobility
   A. Wheelchairs
   B. Tilt table
   C. Levels of assistance
   D. Assistive devices
   E. Bed mobility
   F. Transfers
   G. Ambulation

EXPECTED LEARNER OUTCOMES:
Upon successful completion of this course, on written and/or practical examination:
A. The student will utilize appropriate verbal and/or written medical terminology in a variety of
documentation formats, including the SOAP format.
B. The student will demonstrate effective listening and communication skills to enhance the patient-practitioner relationship.
C. The student will demonstrate the ability to prepare a patient and the environment for treatment intervention.
D. The student will be able to collect vital sign information.
E. The student will demonstrate, perform and teach all types of bed mobility and transfers.
F. The student will correctly demonstrate and instruct a patient in ambulation with and without an assistive device.
G. The student will internalize the importance of professionalism in practice by demonstrating appropriate behavior during lecture and lab sessions.
COURSE COMPETENCIES:
The student will utilize appropriate verbal and/or written medical terminology in a variety of documentation formats, including the SOAP format.
1. The student will correctly use medical terminology and standard medical abbreviations.
2. The student will internalize the importance of proper documentation by outlining the uses of medical documentation.
3. The student will document a simulated treatment utilizing SOAP format.

The student will demonstrate effective listening and communication skills to enhance the patient-practitioner relationship.
4. The student will apply the principles of effective listening and communication skills to clinical scenarios.
5. The student will appreciate the diverse background of each individual by demonstrating behavior that shows respect for the values of others.
6. The student will describe variances of values and beliefs in patients of various backgrounds.
7. The student will outline the basic belief structure of a given culture with respect to the deliverance of healthcare.
8. The student will display a respect for others by demonstrating the ability to adapt treatment while respecting a patient’s belief structure.

The student will demonstrate the ability to prepare a patient and the environment for treatment intervention.
9. The student will conduct a patient interview prior to beginning treatment.
10. The student will apply the principles of body mechanics in all classroom and clinical scenarios.
11. The student will position a patient to maximize comfort, prevent skin breakdown, and limit the risk of contracture formation.
12. The student will identify areas prone to skin breakdown for the immobilized patient.
13. The student will identify equipment found only in the acute care setting.

The student will be able to collect vital sign information.
14. The student will administer standardized questionnaires for pain.
15. The student will demonstrate the ability to monitor a patient’s vital signs, including heart rate, respiratory rate, and blood pressure.
16. The student will be able to appraise a patient’s vital signs to determine if a patient is in distress.

The student will demonstrate, perform and teach all types of bed mobility and transfers.
17. The student will instruct a patient in the appropriate mobility activity for a given scenario.
18. The student will compare and contrast the levels of assistance used to explain performance of mobility skills.
19. The student will identify to use of various components of a wheelchair to improve function or limit dysfunction in a simulated patient situation.
20. The student will demonstrate wheelchair propulsion from the role of both patient and PTA.
21. The student will reflect on a personal experience of being confined to a wheelchair for a day.

The student will correctly demonstrate and instruct a patient in ambulation with and without an assistive device.
22. The student will describe the components of a normal gait.
23. The student will explain the rationale for the choice and use of a particular assistive device.
24. The student will differentiate between various weight-bearing statuses used during gait training.
25. The student will instruct a simulated patient in the use of a variety of assistive devices and weight-bearing statuses.
26. The student will provide education to a simulated patient regarding safety when using and care for an assistive device.

The student will internalize the importance of professionalism in practice by demonstrating appropriate behavior during lecture and lab sessions.

27. The student will internalize the importance of professional appearance by demonstrating acceptable clothing, grooming and personal hygiene.

28. The student will demonstrate appropriate time management skills.

29. The student will appreciate the importance of evidence-based practice in the physical therapy profession.

30. The student will conduct himself in a manner that demonstrates a commitment to legal, ethical and safe practice standards in all simulated patient treatment scenarios.

31. The student will discuss when it is appropriate to communicate with the PT based on a patient’s response to treatment or change in status.

ASSESSMENT OF LEARNER OUTCOMES:
Assessment methods include, but may not be limited to: written examinations, lab practicals, homework, and observation of professional behavior.

SPECIAL NOTES:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center, in Rm. 3354 or call at: 288-7670.