Syllabus

DATE OF LAST REVIEW: 02/2013
CIP CODE: 24.0101
SEMESTER: DEPARTMENTAL SYLLABUS
COURSE TITLE: Ballet
COURSE NUMBER: THTR0140
CREDIT HOURS: 01
INSTRUCTOR: DEPARTMENTAL SYLLABUS
OFFICE LOCATION: DEPARTMENTAL SYLLABUS
OFFICE HOURS: DEPARTMENTAL SYLLABUS
TELEPHONE: DEPARTMENTAL SYLLABUS
EMAIL: DEPARTMENTAL SYLLABUS

KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: None

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION: This progressive ballet system is designed to produce muscular strength, flexibility, and a working knowledge of anatomy, plus the aesthetic satisfaction of expressing yourself through a classical art form. This course is offered to students of all ages and experience, both beginners as well as those who have had some training.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, and panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
I. Basic Body Alignment
   A. The proper alignment of shoulders over the hips.
B. The proper alignment of hips over the toes.
C. The proper positioning of the “ribs together and down” technique.
D. The proper positioning of the “stomach back and the buttocks forward” technique.
E. The “turnout” maneuver.

II. Basic Ballet Positions
A. The parallel leg position.
B. The first, second, and third leg positions.
C. The rest arm position.
D. The preparatory arm position.
E. The first, second arm position.
F. The corresponding allonge positions.
G. The proper position of the head in relationship to the arm and leg positions.
H. The “Port de Bras” positions.
I. The elements of spatial awareness.

III. Basic Ballet Movements

EXPECTED LEARNER OUTCOMES:
Upon successful completion of the course, the student should be able to
A. Demonstrate proper body alignment while standing and moving.
B. Demonstrate the basic positions for ballet.
C. Demonstrate basic ballet movements and understanding of terminology [in plie, releve, and straight-legged].

COURSE COMPETENCIES:

Demonstrate proper body alignment while standing and moving
1. Demonstrate the basic positions of the arms, legs, and head in ballet.
2. The learner will discuss and demonstrate the elements of spatial awareness.

Demonstrate the basic positions for ballet
3. The learner will demonstrate the basic movements of ballet.
4. The learner will demonstrate the “Barre work” movements of ballet.
5. The learner will demonstrate the “Center Work” movements, exercises, and jumps of ballet.
6. The learner demonstrate the “Diagonal Work” of centers, alignments, and positions of ballet.

Demonstrate basic ballet movements and understanding of terminology [in plie, releve, and straight-legged].
7. The learner will demonstrate the proper floor work to maintain and increase flexibility for ballet.
8. The learner will explain, and discuss basic ballet terminology.

ASSESSMENT OF LEARNER OUTCOMES:
Assessment methods may include, but are not limited to, the following: Homework, Quizzes, Class Participation, Journals, Tests, Essay papers, Improvisations, and a Final Examination. The
grading scale and the process for calculating the course grades are to be determined by the individual instructors. This information will be included in each instructor's syllabus.

**SPECIAL NOTES:**

This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center at 913-288-7670.