SYLLABUS

DATE OF LAST REVIEW: 02/2013
CIP CODE: 43.0199
SEMESTER: Departmental Syllabus
COURSE TITLE: Crisis Counseling
COURSE NUMBER: VTSP0203
CREDIT HOURS: 3
INSTRUCTOR: Departmental Syllabus
OFFICE LOCATION: Departmental Syllabus
OFFICE HOURS: Departmental Syllabus
TELEPHONE: Departmental Syllabus
EMAIL: KCKCC issued email accounts are the official means for electronically communicating with our students.

PREREQUISITES: None

REQUIRED TEXT AND MATERIALS: Please check with the KCKCC bookstore, http://www.kckccbookstore.com/, for the required texts for your particular class.

COURSE DESCRIPTION: Crisis Counseling focuses on the process and effects of victimization. Students learn to counsel direct and indirect victims and guide them to services - including hot lines, stress reduction, support groups, and referrals - which can assist them in regaining control of their lives.

METHOD OF INSTRUCTION: A variety of instructional methods may be used depending on content area. These include but are not limited to: lecture, multimedia, cooperative/collaborative learning, labs and demonstrations, projects and presentations, speeches, debates, panels, conferencing, performances, and learning experiences outside the classroom. Methodology will be selected to best meet student needs.

COURSE OUTLINE:
I. Introduction
II. Crisis Theory
III. Basic Crisis Intervention Skills
IV. Handling Specific Crises
V. Peer Counseling
VI. Crisis in the Human Services Workplace
VII. Disaster Response

EXPECTED LEARNER OUTCOMES:
A. The student will be able to understand crisis and crisis theory.
B. The student will be able to practice basic crisis intervention skills.
C. The student will be able to demonstrate components of effective listening.
D. The student will be able to provide crisis counseling assistance to clients of a variety of victimizations.

COURSE COMPETENCIES:
The student will be able to understand crisis and crisis theory.
1. The student will be able to define crisis and provide examples of crises.
2. The student will be able to identify and explain various crisis theories.
3. The student will be able to explain various crisis intervention models.
4. The student will be able to differentiate crisis counseling needs from long-term counseling needs.
5. The student will be able to articulate the importance of cultural competence in crisis counseling.
6. The student will be able to explain the dynamics of PTSD and identify the symptoms.
7. The student will be able to illustrate the dynamics of suicide among various social, ethnic, and age groups.
8. The student will be able to describe various models of the stages of grief.

The student will be able to practice basic crisis intervention skills.
9. The student will be able to discuss the components of psychological first aid.
10. The student will be able to identify, explain, and demonstrate the steps of the 6-step model of crisis intervention.
11. The student will be able to describe the ABC’s of assessment in a crisis intervention situation.
12. The student will be able to identify local and national organizations that provide victim assistance, information, and/or crisis referral.
13. The student will be able to assess and respond to a crisis of lethality.
14. The student will be able to identify suicidal behavior and employ crisis management techniques to de-escalate the crisis.
15. The student will be able to describe the components of a no-harm contract.
16. The student will be able to list and describe the defense mechanisms of a chemically dependent client.

The student will be able to demonstrate components of effective listening.
17. The student will be able to demonstrate the ability to accurately and tactfully restate client ideas and reflect client feelings.
18. The student will be able to utilize effective open-ended questions in client interactions.
19. The student will be able to demonstrate effective use of “I” messages / owned statements in client interactions.
The student will be able to provide crisis counseling assistance to clients of a variety of victimizations.

20. The student will be able to counsel and assist a victim of sexual assault.
21. The student will be able to counsel and assist a victim of domestic violence.
22. The student will be able to counsel and assist a victim dealing with loss and grief.

ASSESSMENT OF LEARNER OUTCOMES:
Student progress is evaluated by means that include, but are not limited to, exams, written assignments, and class participation.

SPECIAL NOTES:
This syllabus is subject to change at the discretion of the instructor. Material included is intended to provide an outline of the course and rules that the instructor will adhere to in evaluating the student’s progress. However, this syllabus is not intended to be a legal contract. Questions regarding the syllabus are welcome any time.

Kansas City Kansas Community College is committed to an appreciation of diversity with respect for the differences among the diverse groups comprising our students, faculty, and staff that is free of bigotry and discrimination. Kansas City Kansas Community College is committed to providing a multicultural education and environment that reflects and respects diversity and that seeks to increase understanding.

Kansas City Kansas Community College offers equal educational opportunity to all students as well as serving as an equal opportunity employer for all personnel. Various laws, including Title IX of the Educational Amendments of 1972, require the college’s policy on non-discrimination be administered without regard to race, color, age, sex, religion, national origin, physical handicap, or veteran status and that such policy be made known.

Kansas City Kansas Community College complies with the Americans with Disabilities Act. If you need accommodations due to a documented disability, please contact the Director of the Academic Resource Center at 913-288-7670.
LEARNING OUTCOMES

Discipline knowledge and content mastery is expected of all graduates. More specifically, KCKCC is committed to the Learning Outcomes listed below. We believe that competence in the Learning Outcomes is essential for the success of graduates and will enhance their ability to become contributing members of our increasingly complex world. These areas of knowledge and skills are equally valid for all KCKCC graduates, whether they transfer to a four-year college or pursue a career after leaving college.

GENERAL EDUCATION LEARNING OUTCOMES:

Communication Learning Outcomes
The learner will have the ability to express, interpret, and modify ideas/information effectively (both written and oral), including but not limited to reading text accurately and correctly; writing with a clear purpose and effective organization; speaking effectively using appropriate styles that suit the message, purpose, and content; and employing active listening techniques.

Computation Learning Outcomes
The learner will have the ability to understand and apply mathematical concepts and reasoning using numerical data.

Critical Reasoning Learning Outcomes
The learner will understand inductive and deductive reasoning and have the ability to define problems and use data (qualitative and quantitative) to make complex decisions utilizing analysis, synthesis, and evaluation skills.

Technology and Information Management Learning Outcomes
The learner will have the ability to define, collect, organize, analyze, and evaluate information from a variety of sources. The learner will also have the ability to understand basic technology concepts and functionality in order to use technology as a tool to locate and retrieve information.

Community and Civil Responsibility Learning Outcomes
The learner will demonstrate knowledge, awareness, and understanding of diverse ideas, values, and perspectives of a culturally diverse world; an understanding of the ethical issues and values that are prerequisites for making sound judgments and decisions; a recognition of the obligation to become actively involved as a contributing member of the community; and a sensitivity to the awareness of aesthetic expression.

Personal and Interpersonal Skills Learning Outcomes
The learner will have the ability to work cooperatively and productively with others; to understand and evaluate his/her capabilities; to manage his/her personal growth by setting realistic and appropriate goals.
Know your instructor’s name.

Turn off your electronic devices in class/make paying attention to the work of the class your only concern.

Miss class only when you cannot attend/acquire missed information and materials ASAP.

Know your syllabus.

Know the attendance policy.

Know the requirements for tests and assignments.

Know information about final exam and make-up exams.

Know instructor’s position on use of Wikipedia or other online sources.

Know the instructor’s preferred writing style (APA, MLA, etc.).

Always know your grade.

Contact your teacher ASAP with concerns or questions.

Know the benefits of the academic resource center.

Know if your course has a practicum, service learning component, or other exception.

Use an academic planner.

Know the course withdrawal policy.

Know your instructor’s office hours and make appointments when necessary.

Know the school’s scholastic honesty policy.

Be familiar with the course learning objectives, course competencies, and the college’s 21st century learning outcomes for general education.